

Spring 2019 Workshops for Psychologists, Social Workers, Counselors & Other Mental Health Professionals

Presented at The Conference Center at Sheppard Pratt

Friday, April 5, 2019

9:00 a.m. – 12:00 p.m.

Professional Ethics and Boundaries in Clinical Practice

Michael C Heitt, PsyD

Clinical Psychologist

Heitt Clinical & Corporate Consulting, LLC

Baltimore, Maryland

This workshop will present models of ethical reasoning, relevant codes of ethics, and a framework for ethical concepts and how to apply them to everyday professional practice. The focus of this activity is ethical and boundary issues and elements of risk management. Structured as an interactive exercise rather than using an "ask the ethicist" format, the audience will be expected to discuss real life situations with their colleagues. The goal is for participants to apply models of ethical reasoning to ethical and boundary issues within their practice.

After attending this lecture, clinicians will be able to:

- Describe models of ethical reasoning.
- Identify fundamentals of ethical practice.
- Apply these principles to case examples.

Dr. Heitt is a licensed psychologist and an expert on the topics of ethical practice, managing professional boundaries, and dealing with occupational challenges. He earned his doctoral degree in clinical psychology from the Illinois School of Professional Psychology in Chicago in 1996, and has served on the faculties of the Johns Hopkins University School of Medicine and Loyola University Maryland.

This presentation meets the requirements of the topic of laws, ethics, and risk management.

**Early registration recommended,
as space is limited.**

In the event an announced speaker is unable to present, Sheppard Pratt reserves the right to present an alternate speaker on a comparable subject.

Friday, May 10, 2019

9:00 a.m. – 12:00 p.m.

Culturally Relevant Clinical Work with African Americans

Danice La-Rae Brown, PhD

Associate Professor of Psychology

Towson University

Towson, Maryland

This workshop will address the psychological issues that may be experienced by individuals who identify as African American, and will present information about the experiences of African Americans that may have an impact on psychologist practice and which may present clinical challenges. These issues include sociocultural experiences related to race, gender, and social class. The focus of this activity will be on culturally relevant clinical strategies for working with this clinical population. These strategies include how to establish a stronger therapeutic alliance, develop more effective interventions, and promote resilience among African American clients. Case examples will be presented.

After attending this lecture, clinicians will be able to:

- Identify psychological issues that may be experienced by individuals who identify as African American.
- Describe challenges in clinical practice related to the sociocultural experiences (e.g., race, gender, class) of African Americans.
- Identify culturally relevant clinical strategies that can assist in establishing a stronger therapeutic alliance, developing effective interventions, and promoting resilience among African American clients.

Dr. Brown is a licensed psychologist and an Associate Professor of Psychology at Towson University. Her areas of expertise include African American resiliency and mental health; cultural socialization; clinical work with culturally diverse populations; and multicultural competence in psychotherapy. She obtained her Ph.D. in counseling psychology from the Ohio State University.

This presentation meets the requirements for the topic of cultural and individual diversity.

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APPROVAL STATEMENTS:

Psychologist Approval: Sheppard Pratt Health System is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt Health System designates this educational activity for a maximum of 3.0 CEU hours for Psychologists. Psychologists should claim credit commensurate with the extent of their participation in the activity.

Social Work Approval: Sheppard Pratt Health System is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity is approved for 3.0 CEU contact hours in Category 1 credits for Social Workers.

Counseling Approval: Sheppard Pratt Health System has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt Health System is solely responsible for all aspects of the programs. This activity is available for 3.0 clock NBCC hours.

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WORKSHOP REGISTRATION FORM

REGISTRATION FEES

The registration fee is \$50 per workshop, or \$90 for both workshops. Fees are waived for employees of Sheppard Pratt Health System and its affiliate agencies. If you wish to use a credit card to register, you may email, fax or mail your registration form with the credit card and payment information. If you are registering with a payment by check, you may mail it along with the completed registration form, to the address below.

Please email Jennifer Tornabene at Jtornabene@sheppardpratt.org using your work email to register as staff and list the dates you are attending.

I am registering for:

- Professional Ethics and Boundaries in Clinical Practice**
Dr. Heitt on Friday, April 5, 2019
- Culturally Relevant Clinical Work with African Americans**
Dr. Brown on Friday, May 10, 2019

PAYMENT

Payment can be made by check or credit card. To pay, please fax, email, or mail your registration to the address below. Please make checks payable to Sheppard Pratt Health System and send to:

Professional Education

Jennifer Tornabene
P.O. Box 6815
Towson, MD 21285-6815
Phone: 410.938.4593
Fax: 410.938.4596
Email: jtornabene@sheppardpratt.org

Name: _____

E-mail Address: _____

Work Phone Number: _____ Home/Cell Phone Number: _____

If paying by credit card: Mastercard Visa Discover AmEx

Credit Card Number: _____ Security Code: _____ Exp. Date: _____

Billing Address: _____

WITHDRAWAL DEADLINES & REFUND POLICY

Friday, March 22, 2019 is the deadline to request a refund for withdrawal from the April 5th event. Friday, April 26, 2019 is the deadline to request a refund for withdrawal from the May 10th event. Refunds are subject to a \$25 administrative charge per withdrawal from each registered activity.

No refunds or credits will be issued for requests for withdrawal after the listed deadlines.