

March 2019

Volunteer News

Sheppard Pratt Health System's Capitol Region



Adult education teachers needed

Volunteers are needed to teach a variety of adult education classes for Family Services' programs.

Ed Bohrer Parent Resource Center

- Located at Gaithersburg Elementary School
- 35 N. Summit Avenue, Gaithersburg, MD, 20877
- Volunteers needed to teach beginner English as a Second Language (ESL) and basic computer skills
- Computer teachers must be bilingual in Spanish/English
- **Classes will meet once a week and be held in the morning on a Monday, Tuesday, or Thursday (day TBD) starting in April**

Linkages to Learning

- Located at Gaithersburg Middle School
- 2 Teachers Way, Gaithersburg, MD, 20877
- Volunteers are needed to teach English as a Second Language (ESL)
- **Wednesdays from 6:00 p.m. - 8:00 p.m. starting as soon as possible**



Volunteers are asked to commit to a year of service to Family Services, teaching a minimum of 2 class sessions over the course of that year. For more information, contact mary.murphy@fs-inc.org or call 301-840-3183.

Independence welcomes volunteers

Independence, Family Services' day center for adults living with chronic mental illness located in Prince George's County, needs volunteers to help with a variety of projects.

Painting project

- A group of 5-6 volunteers is needed to paint the conference room and do touch up work in several rooms
- **Mondays are the best days, but Tuesday-Thursday would also work, anytime between 9:00 a.m. - 5:00 p.m.**



Administrative assistant

- Needed for 2-3 hours for 1-2 days a week

Volunteers made Valentine's day extra special

Family Services, Inc. is incredibly grateful for ALL the volunteers who helped with a variety of projects to celebrate Valentine's Day!

A dozen volunteers from the Montgomery County Department of Environmental Protection made over 50 beautiful Valentine's Day cards for **Montgomery Station** clients.



Volunteers from Cisco Systems spent a morning putting together Valentine's Day goody bags for adults at Montgomery Station and **Independence** and for children in the **Regional Youth Services** program and the **Ed Bohrer Parent Resource Center**.



The cards and goody bags were given out at the Valentine's Day lunch at Montgomery Station. Fifteen volunteers helped to cook and serve an amazing lunch of Steak Oscar with asparagus and hollandaise sauce, quinoa, and green beans. Dessert included fresh fruit dipped in chocolate. Clients really felt the love that day! Many thanks to all who helped with this

- **Mondays-Thursdays anytime between 9:00 a.m - 5:00 p.m.**

Independence is located at **7401 Forbes Road, Lanham, MD, 20706**. For more information contact mary.murphy@fs-inc.org or call 301-840-3183.

More special events for March

Great opportunities for adults and students!

A number of our programs are looking for special support volunteers. All you need to do is submit a completed **volunteer application** and we will be in touch to confirm your participation.

FOOD SERVICE

Montgomery Station, Family Services' day center for adults living with chronic mental illness, needs volunteers to help with cooking and serving a special meal:

Welcome Spring lunch

- **Wednesday, March 20**
- **Cooks are needed from 9:30 a.m. - 12:00 p.m.**
- **Servers/cleaners are needed from 11:45 a.m. - 1:00 p.m.**
- Volunteers are welcome to help for both shifts
- **630 East Diamond Avenue, Gaithersburg, MD, 20877**



EARLY HEAD START EVENTS

Each month Family Services' **Early Head Start** program hosts a number of special events for parents and families. They need volunteers to help with four events in February:

Learning Community Series

- **Friday, March 15 from 9:45 a.m. - 12:30 p.m.**
- Volunteers are needed to help with set up, serving food, children's activities, and clean up
- **640 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877**

Parent Committee

- **Wednesday, March 20 from 4:30 p.m. - 7:30 p.m.**
- Volunteers are needed to help with set up, serving food, childcare, Spanish/English interpretation, and clean up
- **630 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877**
- Students 16 and older are welcome to help

Policy Council Meeting

- **Monday, March 25 from 4:45 p.m. - 7:30 p.m.**
- Volunteers are needed to help with set up, serving food, childcare, and clean up
- **640 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877**
- Students 16 and older are welcome to help

Head Start Pre-K registration

- **Friday, March 29 from 9:00 a.m. - 2:00 p.m.**
- Volunteers are needed to greet parents, organize documents, make copies, and help with the application process

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meal, including those from FINRA and Holiday Inn Gaithersburg.



Members from the B'nai Tzedek sisterhood offered a delicious Valentine's Day dinner to the mothers and children at the **Betty Ann Krahnke Center**.



And, a second team of volunteers from Cisco Systems helped with a learning party event at the **Family Discovery Center**. Volunteers helped with snack time, prepared activities for the parents and children, and they even performed a puppet show about expressing feelings.

- 640 East Diamond Avenue, Suite D, Gaithersburg, MD, 20877
- Volunteers must be bilingual in Spanish and English



Monthly new volunteer orientations

Learn more about Family Services and Sheppard Pratt Health System, our volunteer policies, and current volunteer opportunities at our monthly new volunteer orientations. Upcoming one-hour sessions include:

- **Thursday, March 14 at 6:00 p.m.**
- **Tuesday, March 26 at 12:00 p.m.**

Contact mary.murphy@fs-inc.org to RSVP. Online applications are available on [our website](#). Orientations are held at 620 East Diamond Avenue in Gaithersburg, MD, 20877.

To learn more about volunteering for any of the opportunities listed above, contact **Mary Murphy, Volunteer and Marketing Specialist**, at mary.murphy@fs-inc.org or call 301-840-3183.