

January 2019

Volunteer News

Sheppard Pratt Health System's Capitol Region



What a difference YOU made

Many thanks to all who participated in Family Services' Hope for the Holidays giving program!

With the generous support of many individuals and groups we were able to fulfill gift wishes for the 138 families that were posted on our Sign Up Genius site. Countless other children and adults received gift cards of all kinds, hats/gloves/scarves, games and sporting equipment, small appliances, Travel totes, Save the Date bags, Good Morning packs, and Spa sets.

Our staff was thrilled to distribute these wonderful presents to the children and adults we serve. Thank you for making all feel special with such kindness and love.

Family Services offers our best wishes for health and happiness for the new year and our sincere appreciation for the giving spirit of so many!



Hooray for student volunteers

Family Services' **Early Head Start** program held several special events during the month of December. Area high school students made up the core of the volunteer teams who helped with set up, serving food, childcare activities, and clean up. EHS staff welcomes and appreciates the energy and dependable support student volunteers provide!

EHS has three events in January that need volunteers. Contact mary.murphy@fs-inc.org if you can help. Students 16 and older are welcome to volunteer.

Learning Community Series

- **Friday, January 18 from 9:45 a.m. - 12:30 p.m.**
- 640 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877

Policy Council Meeting

- **Monday, January 28 from 4:45 p.m. - 7:30 p.m.**
- 640 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877

Parent Committee Meeting

- **Thursday, January 31 from 4:30 p.m. - 7:30 p.m.**
- 630 East Diamond Avenue, Gaithersburg, MD, 20877





Holiday happenings

The kitchen at Family Services' **Montgomery Station** was hopping during for the holidays!

Thank you to all the wonderful volunteers from Cisco Systems, Inc. who spent a morning baking festive cookies for the holidays.



The delicious cookies were served at the annual Holiday Lunch which included turkey and ham, roasted sweet potatoes, broccoli, winter fruit salad, baked mac and cheese, and egg nog. Thank you to the dozen volunteers, including teams from Holiday Inn Gaithersburg and Wells Fargo, who offered their time and enthusiasm to continue this wonderful holiday tradition at Montgomery Station.



Volunteers are needed back in the Montgomery Station kitchen for our **Happy New Year lunch**. Let us know if you can help!

- **Wednesday, January 23**
- Cooks are needed from 9:30 a.m. - 12:00 p.m.



Several groups offered especially large donations to the Hope for the Holidays giving program: Cameron Mericle, PA, CRB Consulting Engineers, First National Bank, The Goddard Schools of Clarksburg and Gaithersburg, Highlight Church, the Montgomery County Sheriff's Office, Revere Bank, Saint Raphael's Catholic Church, and Social and Scientific Systems. Thank you!

New Year's resolution? Volunteer!

If you've got a few hours each week or just a few hours over the course of the year, Family Services has a volunteer opportunity for you.

BECOME A VOLUNTEER - MAKE A DIFFERENCE



Regular volunteers help each week as tutors, administrative assistants, adult educators, group leaders, and more. **Special support** volunteers help with cooking lunches at Montgomery Station, completing special projects like painting or landscaping, and offering support for special events like Thriving Germantown's Family Fun Day or our recent Community-Based School Services' Holiday Kick-off.

All volunteers need to **complete an application** and attend a new volunteer orientation to learn more about Family Services, Sheppard Pratt Health System, and our volunteer policies.

Descriptions of current regular and special support volunteer opportunities can be found on the **Family Services' page** of the Montgomery County Volunteer Center. Contact mary.murphy@fs-inc.org or call 301-840-3183 for more information.

Monthly new volunteer orientations

Learn more about Family Services and Sheppard Pratt Health System, our volunteer policies, and current volunteer opportunities at our monthly new volunteer orientations. Upcoming one-hour sessions include:

- Servers/cleaners are needed from 11:45 a.m. - 1:00 p.m.
- Volunteers are welcome to help for both shifts
- 630 East Diamond Avenue, Gaithersburg, MD, 20877

Santa was in town

Family Services' **Family Discovery Center** celebrated the holidays with two family parties and volunteer Santas were on hand to welcome the children, take pictures, and hand out candy canes.

Angela Murdough, Child Development Specialist at the FDC, said "Our participants had a wonderful time and the kids were very excited to see Santa. Both volunteers brought happiness and joy as soon as they walked into the room!"



- **Thursday, January 10 at 6:00 p.m.**
- **Tuesday, January 22 at 12:00 p.m.**

Contact mary.murphy@fs-inc.org to RSVP. Online applications are available on [our website](#). Orientations are held at [620 East Diamond Avenue in Gaithersburg, MD, 20877](#).

To learn more about volunteering for any of the opportunities listed above,
contact Mary Murphy, Volunteer and Marketing Specialist, at mary.murphy@fs-inc.org or call 301-840-3183.