

# SOCIAL WORK & COUNSELING CONNECTION

## newsletter

May 2019

## Happy Retirement!



### Lynn Flanigan, LCSW-C, RN, LCSW-C, CHC Compliance Officer and Clinical Director, SPHS

After 37 years at Sheppard Pratt, Lynn beams when discussing all of her accomplishments within the health system. In the interview below, Lynn reflects upon her time at SPHS and her future plans!

#### Why did you choose to become both a social worker and a nurse?

I became a social worker because I wanted to have an independent licensure to expand my career options. When in social work school, I wanted to be positioned to have a private practice that I did for a number of years. For me, it is very difficult to separate my nursing and social work degrees as my experience is through one integrated perspective. The medical foundation from my nursing degree has permitted me to understand much about the interface between the mind and body and the social work degree broadened my administrative and leadership philosophy and skills.

#### What have been the high points of your career?

Gaining the trust and respect of the senior leadership team at SPHS created a foundation from which I was fortunate enough to be offered a number of opportunities. The ten years that I spent being a full-time consultant assisting other programs was truly a unique experience as a SPHS team member representing our institution and offering consultation and guidance that improved behavioral health services across the State of Maryland and for programs outside the state. In the role of Clinical Director for Community Hospital Contract Management, I used all of my education and skills for both clinical and business recommendations. Additionally, I was a SPHS leadership representative on the Boards of Granite House in Westminster, MD (now part of Mosaic Community Services) and Behavioral Health Partners in Frederick. SPHS is unique in having a sole focus on behavioral health services, research, and leadership throughout my 37-year career and it has been a privilege to work for three CEOs whose vision and values have been aligned with mine both in the workplace and personally.

#### How will you spend your time in retirement?

My husband and I are looking forward to focusing more on expanding access to sailing programs for all. We have been involved in Special Olympics Sailing for over 30 years and conduct training in Baltimore County and Baltimore City every summer in preparation for a Maryland State Championship regatta at the end of July. Additionally, we compete in sailing events up and down the east coast. We will also be able to spend more time with my family in Connecticut, including my 92-year-old mother who is still sailing, and celebrating my youngest son's wedding in August!

**Best wishes, Lynn! We'll miss you!**

### Board of Social Work Examiners Reminders

As social workers move toward re-licensure in October 2019, please keep the following issues in mind as you begin to prepare for this process:

**CEUs:** Social workers are required to obtain 40 continuing education units every two years. Click [here](#) for more information on Category I and Category II credit options.

**Tracking CEUs:** Keeping track of your CEUs has become easier! Click [here](#) to locate the Board's CEU Report forms available as a PDF, Excel, or Word file.

**Application for renewal:** Online licensure renewal begins on July 15, 2019. For more information, click [here](#) to go to the on-line applications page.

**Update contact information:** Last, don't forget to update your name and/or change of address so the Board can relicense you! Click [here](#) and select "Popular Links" to complete your request.

Good luck! Please contact the Board with any questions!

### Staff Shout Outs!

Congratulations and a job well done to Kelsey Conn, LMSW, of Towson's Adolescent Female Crisis Stabilization Unit for presenting "Inside Inpatient: From Admission through Discharge" at the Maryland Association of Pupil Personnel's 2019 Spring Conference!

Special thanks to the Adult Service Line social workers and hospital senior social workers who have been helping to run groups in CROP!

Have some good news to share? Email [ccaahn@sheppardpratt.org](mailto:ccahn@sheppardpratt.org).

### Continuing Education Resources

Here are some suggestions for keeping up with your CEUs! Most are either free or provided at a low cost. Don't forget to make sure your governing board accepts these credits.

[Free Webinars for Mental Health Professionals](#)

[Social Work Online CE Institute](#)

[Massachusetts General Hospital: Mild Traumatic Brain Injury](#)

[Massachusetts General Hospital: Treatment Non-Adherence in a Patient with Schizophrenia](#)