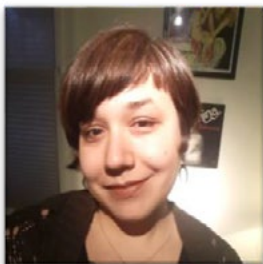


SOCIAL WORK & COUNSELING CONNECTION newsletter

July 2019

Clinician Conversation



Monica Dominguez, LMSW

Therapist, Outpatient Mental Health Clinic
Mosaic Community Services, Inc.

Why did you become a social worker?

I spent several years teaching, and I found myself wanting to help students at levels beyond my capacity as a teacher, so I turned to social work. I also spent a summer in Greece working with refugees and “practicing” social work - case management, psych first aid, etc. before going to graduate school. This experience just increased my passion for wanting to help people and my eagerness to learn the skill sets to do so.

What are your current job tasks?

Currently I use different modalities of talk therapy to assist clients at the Outpatient Clinic. I also do a fair amount of case management, coordination of care, outcomes measures, treatment plans, and advocacy for clients.

What do you like best about your job?

I absolutely love my relationships with my clients.

What is your clinical philosophy?

I practice from a trauma-informed, intersectional, and systems perspective. It is important to have an understanding of the systems and environments that clients have been exposed to – these play a huge role in how clients function.

Thank you, Monica, for all you do!

Information from Human Resources

KEPRO’s employee assistance program (EAP) provides a wealth of information and assistance to SPHS employees. These services include information on child and eldercare, counseling, legal, and financial services. To read this month’s **free webinar on mindfulness**, click [here](#) and select “Employee News.”

To contact the EAP directly, call 1-800-765-0770 or go to www.EAPHelplink.com, code SPHS.

Outpatient Civil Commitment Project Behavioral Health Systems Baltimore

The Outpatient Civil Commitment (OCC) Program is a pilot program that serves adults with mental illness in Baltimore City who have not been served well by the existing behavioral health service system and have experienced multiple inpatient civil commitments to psychiatric facilities. OCC offers peer support and outreach to assist participants in making connections with behavioral health providers and/or other support services (e.g., housing, benefits, etc.). Individuals who meet the criteria can either participate voluntarily by signing a voluntary settlement agreement or be ordered into the program through an outpatient civil commitment hearing.

If you think an individual may be eligible, please contact:

Nicole McGill, LMSW

OCC Project Monitor

Email: Nicole.McGill@bhsbaltimore.org

Phone: 410.735.8574

NEW SPHS Program! Certified Community Behavioral Health Clinic

SPHS is proud to support a new, groundbreaking program that offers a comprehensive range of mental health and substance use disorder services. Accepting private insurance, Medicare, Medical Assistance, and self pay (sliding fee scale), this CCBHC provides patient-centered treatment planning throughout the lifecycle, including primary care screening and monitoring. For more information on this valuable service, please contact the CCBHC at (410)453-9553. The address is 2225 North Charles Street, Baltimore, Maryland, 21218. The program is open Monday – Saturday.

Immigrant Education and Defense Information

Please review the sources below for additional information for our patients, clients, students, and their families:

[Safe City Baltimore](#)

[Ciudad Segura Baltimore](#)

[International Rescue Committee](#)

[Esperanza Center](#)

[Kids in Need of Defense \(KIND\)](#)

[World Relief Baltimore](#)