



# Sheppard Pratt School

## **Subject: Sample School Day Schedules**

COMAR 13A.09.10.14A

### **(Elementary School)**

8:30 AM to 8:45 AM Students arrive

8:45 AM to 9:00 AM – Morning Group Counseling

9:00 AM to 9:15 – Classroom Review

9:15 AM to 9:55 – Reading

9:55 AM to 10:05 AM – Rewards/Movement Break

10:05 AM to 10:45 AM – Math

10:45 AM to 10:55 AM – Rewards/Movement Break

10:55 AM to 11:35 AM – Writing or Spelling/Language Skills

11:35 AM to 11:45 AM – Rewards/Movement Break

11:45 AM to 12:15 PM – Recess

12:15 PM to 12:45 PM – Lunch

12:45 PM to 1:25 PM – Electives (P.E./Social Skills/Art)

1:25 PM to 1:35 PM – Rewards/Movement Break

1:35 PM to 2:15 PM – Social Studies/Science

2:15 PM to 2:25 PM – Rewards/Movement Break

2:25 PM to 2:45 PM – Study Hall/Resource

2:45 PM to 3:00 PM – Afternoon Group Counseling

3:00 PM to 3:15 PM – Rewards/Movement Break

3:15 – Dismissal

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**(Middle School)**

8:30 AM to 8:45 AM Students arrive

8:45 AM to 9:35 AM 1st Period - Math

9:35 AM to 10:25 AM 2nd Period – Social Studies

10:25 AM to 11:15 AM 3rd Period - Small group counseling

11:15 AM to 12:05 AM 4th Period – English/Language Arts

12:05PM to 12:45 PM Lunch & Recess

12:45 PM to 1:35 PM 5th Period – Electives

1:35 PM to 2:25 PM 6th Period – Science

2:25 PM to 3:15 PM – Large group meeting

3:15 PM Dismissal

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COMAR 13A.09.10.14A

**(High School)**

8:30 AM to 8:45 AM Students arrive

8:45 AM to 9:35 AM 1st Period - Math

9:35 AM to 10:25 AM 2nd Period – English/Language Arts

10:25 AM to 11:15 AM 3rd Period - Science

11:15 AM to 12:05 AM 4th Period – Social Studies

12:05 PM to 12:45 PM Lunch

12:45 PM to 1:35 PM 5th Period – Small group counseling/Social Skills

1:35 PM to 2:25 PM 6th Period – Physical Education/Spanish/Art

2:25 PM to 3:15 PM 7th Period – Large group meeting/Resource

3:15 PM Dismissal