Mental Health Practice during the COVID-19 Pandemic: Applying What We Know about Response to Disasters

Presented by: Victor Welzant, PsyD

General Registration Fee: $40 - waived for employees of Sheppard Pratt and its affiliate agencies.
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PROGRAM DESCRIPTION

The COVID pandemic has led to an increase in psychological distress for the overall population which may be even greater for persons with pre-existing mental health problems and those seeking mental health care. This presentation will describe the psychological symptoms that may occur in response to a disaster and that patients may experience in response to the COVID pandemic. Strategies for brief interventions in response to a disaster will also be discussed as well as a framework for triaging patients for more extended mental health treatment.

LEARNING OBJECTIVES

• Identify common acute psychological symptoms in response to the COVID-19 pandemic.
• Define a framework for triaging persons for further mental health treatment in response to a disaster.
• Describe strategies that may be applied in brief interventions for persons affected by a disaster such as the current pandemic.

ABOUT THIS SPEAKER

Dr. Victor Welzant is the director of the postdoctoral psychology fellowship and coordinator of psychology for the Trauma Disorders Program at Sheppard Pratt. He is the former Director of the Psychotherapy Training Program of the International Society for the Study of Trauma and Dissociation and served on that organization’s Board of Directors. Victor is also the Director of Education and Training for the International Critical Incident Stress Foundation, a nonprofit organization that provides training in crisis support and resilience for emergency services personnel and health care workers. He has lectured and consulted nationally and internationally on trauma treatment, crisis intervention and disaster mental health.

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SHEPPARD PRATT PROFESSIONAL EDUCATION PROGRAM
FOR PSYCHOLOGISTS, SOCIAL WORKERS, COUNSELORS,
AND OTHER MENTAL HEALTH PROFESSIONALS
ONLINE BROADCAST ONLY: FRIDAY, JULY 24, 2020, 9:00 A.M. - 11:00 A.M.

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REGISTRATION

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- Participants will be enrolled by an administrator. There is no pre-test for this workshop.
- Participants will receive a codeword during this lecture to email to cme@sheppardpratt.org to complete enrollment.
- Lecture slides will be available [here](#) to view and download on July 23, 2020.

WITHDRAWL DEADLINES & REFUND POLICY

**Friday, July 10, 2020** is the deadline to request a refund to withdrawal from this event for general registration. Refunds are subject to a $15 administrative charge. No refunds or credits will be issued for request for withdrawal after July 10, 2020.

Please cme@sheppardpratt.org with any questions.