

# Sheppard Pratt Professional Education Program

## OCD & Anxiety Fall Lecture Series

Online Broadcast - 9:00 a.m. to 12:15 p.m. EST

[Click here](#) to register and for more information

Obsessive-Compulsive Disorder (OCD) is a common and often debilitating mental health condition characterized by unwanted intrusive thoughts (obsessions) and repeated distress-reducing behaviors (compulsions). Frequently misunderstood, misdiagnosed, and mistreated, this series of lectures will demystify the disorder and the most effective protocols for helping those who suffer from it. Attendees new to or heavily experienced in treating OCD will gain knowledge on the disorder from multiple perspectives. This unique format features six lectures from top experts in the field, scheduled across three sessions over the fall season.

The series begins with two lectures on the treatment of pediatric OCD, both from the cognitive-behavioral and pharmacological perspectives. The second session of lectures explores the system dynamics around OCD, including how to address the impact OCD has on different relationships and the treatment of OCD with co-occurring borderline personality disorder. The series ends with advanced lectures on religious and sexual obsessions in OCD.

### Learning Objectives

Attendees will be able to:

1. Identify the psychotherapeutic and psychiatric best-practices for the treatment of pediatric OCD.
2. Conceptualize treatment of OCD and comorbid borderline personality disorder.
3. Distinguish between sexual obsessions in OCD and paraphilias.

### Sessions I & II, Friday, September 17, 2021

- 9:00 a.m. – 10:30 a.m. **Session I - Cognitive-Behavioral Treatment of Pediatric Obsessive-Compulsive Disorder** - Eric A. Storch, PhD
- 10:30 a.m. – 10:45 a.m. Break
- 10:45 a.m. – 12:15 p.m. **Session II - The Role of Medications in Pediatric Obsessive-Compulsive Disorder: Water Wings for Behavioral Therapy** - Erika Nurmi, MD, PhD

### Sessions III & IV, Friday, October 22, 2021

- 9:00 a.m. – 10:30 a.m. **Session III - Obsessive-Compulsive Disorder and Relationships: Helping Our Patients Thrive in Love, Friendship, Family** - Amy Mariaskin, PhD
- 10:30 a.m. – 10:45 a.m. Break
- 10:45 a.m. – 12:15 p.m. **Session IV - The Treatment of Co-Occurring Borderline Personality Disorder and Obsessive-Compulsive Disorder** - Blaise Aguirre, MD

### Sessions V & VI, Friday, November 12, 2021

- 9:00 a.m. – 10:30 a.m. **Session V - Effective and Respectful Treatment for Scrupulous Obsessive-Compulsive Disorder** - Jedidiah Siev, PhD

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- 10:30 a.m. – 10:45 a.m. Break
- 10:45 a.m. – 12:15 p.m. **Session VI - Sexual Obsessions in Obsessive-Compulsive Disorder** - Monnica Williams, PhD

*In the event an announced speaker is unable to present, Sheppard Pratt reserves the right to present an alternative speaker on a comparable subject.*

### Approval Statements

Each activity is intended for physicians, nurses, psychologists, social workers, counselors, and other mental health professionals. This series offers 9.0 contact hours for attending all three dates.

**Physician Statement:** Sheppard Pratt is accredited by The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Nurse Statement:** Sheppard Pratt is approved as a provider of nursing continuing professional development by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity provides 3.0 contact hours for nurses.

**Psychologist Statement:** Sheppard Pratt is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this continuing education activity. Sheppard Pratt designates this educational activity for a maximum of 3.0 contact hours for Psychologists.

**Social Worker Statement:** Sheppard Pratt is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this continuing education activity. This activity is approved for 3.0 contact hours in Category I credits for Social Workers.

**Counselor Statement:** Sheppard Pratt has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt is solely responsible for all aspects of the program. This activity is available for 3.0 NBCC clock hours.

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### General Registration

Activity fee to attend one activity \$75

### Employees of Sheppard Pratt and Affiliate Agencies Registration

Activity fee to attend one activity \$45

### Instructions

- [Click here](#) to register to earn credit for attending this activity, log into, or register for an account in Sheppard Pratt's Ethos continuing education system.
- Payment can be made by credit card online through the Sheppard Pratt Ethos System. We accept Visa, MasterCard, American Express and Discover.
- An email with the link to view the broadcast and handout attachments will be sent the week of the broadcast.

### Withdrawal Deadlines & Refund Policy

No refunds or credits will be issued for request for withdrawal after the listed deadlines.

- **September 10, 2021** is the deadline to request a refund for withdrawal from Early Bird fees and receive a refund. Withdrawals from the Early Bird rates are subject to a \$40/\$20 administrative charge.
- **September 10, 2021** is the deadline to request a refund for withdrawal from the September 17 event. Withdrawals from the September 17 event are subject to a \$20/\$10 administrative charge.
- **October 8, 2021** is the deadline to request a refund for withdrawal from the October 22 event. Withdrawals from the October 22 event are subject to a \$20/\$10 administrative charge.
- **October 29, 2021** is the deadline to request a refund for withdrawal from the November 12 event. Withdrawals from the November 12 event are subject to a \$20/\$10 administrative charge.

Questions? Please email [cme@sheppardpratt.org](mailto:cme@sheppardpratt.org)