

OCD & Anxiety Fall Lecture Series

The Center for Professional Education at Sheppard Pratt

ONLINE BROADCAST

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Sessions I & II, Friday, September 23, 2022, 1:00 p.m. - 4:15 p.m. ET

- 1:00 p.m. - 2:30 p.m.: **Session I - Social Anxiety Disorder: Basics and Beyond**
Presented by: Shmuel Fischler, LCSW-C
- 2:30 p.m. - 2:45 p.m.: Break
- 2:45 p.m. - 4:15 p.m.: **Session II - EASE for Misophonia: A New Psychological Model and Therapy**
Presented by: Ezra Cowan, PsyD

Sessions III & IV, Friday, October 7, 2022, 1:00 p.m. - 4:15 p.m. ET

- 1:00 p.m. - 2:30 p.m.: **Session III - Fear of Vomiting: Triple Exposure for Emetophobia**
Presented by: Allen H. Weg, EdD
- 2:30 p.m. - 2:45 p.m.: Break
- 2:45 p.m. - 4:15 p.m.: **Session IV - Body Dysmorphic Disorder: What Clinicians Need to Know**
Presented by: Katharine Phillips, MD

Sessions V & VI, Friday, December 2, 2022, 1:00 p.m. - 4:15 p.m. ET

- 1:00 p.m. - 2:30 p.m.: **Session V - Destigmatizing and Treating Health Anxiety in OCD**
Presented by: Molly B. Schiffer, LCPC
- 2:30 p.m. - 2:45 p.m.: Break
- 2:45 p.m. - 4:15 p.m.: **Session VI - Managing Peripartum OCD**
Presented by: Peggy M.A. Richter, MD, FRCP(C)

Program Description

Obsessive-Compulsive Disorder (OCD) is a common and often debilitating mental health condition characterized by unwanted intrusive thoughts (obsessions) and repeated distress-reducing behaviors (compulsions). Frequently misunderstood, misdiagnosed, and mistreated, this series of lectures will demystify the disorder and the most effective protocols for helping those who suffer from it. Attendees new to or heavily experienced in treating OCD will gain knowledge on the disorder from multiple perspectives. This unique format features six lectures from top experts in the field, scheduled across three sessions.

In the event an announced speaker is unable to present, Sheppard Pratt reserves the right to present an alternative speaker on a comparable subject.

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Approval Statements

This series offers 9.0 contact hours for attending all three dates.

Physician Statement: Sheppard Pratt is accredited by The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Statement: Sheppard Pratt is an approved provider of continuing nursing education by Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity provides 3.0 contact hours for nurses.

Psychologist Statement: Sheppard Pratt is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this continuing education activity. Sheppard Pratt designates this educational activity for a maximum of 3.0 contact hours for Psychologists.

Social Worker Statement: Sheppard Pratt is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this continuing education activity. This activity is approved for 3.0 contact hours in Category I credits for Social Workers.

Counselor Statement: Sheppard Pratt has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt is solely responsible for all aspects of the program. This activity is available for 3.0 NBCC clock hours.

