

FREE OCD & Anxiety Lecture Series

The Center for Professional Education at Sheppard Pratt

Virtual Series

[Click here](#) to register and for more information.

Sessions I & II, Friday, March 10, 2023, 1:00 p.m. - 4:15 p.m. ET

- 1:00 p.m. - 2:30 p.m.: **Session I - Clinical Considerations in the Treatment of OCD-PTSD Comorbidity**
Presented by: Nathaniel Van Kirk, PhD, Director, Psychological Services, OCD Institute at McLean Hospital/Harvard Medical School
- 2:30 p.m. - 2:45 p.m.: *Break*
- 2:45 p.m. - 4:15 p.m.: **Session II - Understanding the Role of "Self" in OCD Treatment**
Presented by: Jason Krompinger, PhD, Director, Clinical Training, New England Center for OCD and Anxiety

Sessions III & IV, Friday, April 7, 2023, 1:00 p.m. - 4:15 p.m. ET

- 1:00 p.m. - 2:30 p.m.: **Session III - Don't Try Harder, Try Different: Motivating OCD Patients**
Presented by: Patrick B. McGrath, PhD, Chief Clinical Officer, NOCD (OCD treatment app)
- 2:30 p.m. - 2:45 p.m.: *Break*
- 2:45 p.m. - 4:15 p.m.: **Session IV - Neurosurgery and Other Novel Interventions for Refractory OCD**
Presented by: Rachel A. Davis, MD, & Elizabeth Fenstermacher, MD
Rachel A. Davis, MD, Medical Director, OCD Program, Co-Director, OCD Surgical Program, Vice Chair, Clinical Affairs, University of Colorado Anschutz School of Medicine;
Elizabeth Fenstermacher, MD, Medical Director, Transcranial Magnetic Stimulation Service, Department of Psychiatry, University of Colorado Anschutz School of Medicine

Sessions V & VI, Friday, May 5, 2023, 1:00 p.m. - 4:15 p.m. ET

- 1:00 p.m. - 2:30 p.m.: **Session V - Demystifying and Treating Panic Disorder**
Presented by: Brenda Kijesky, LCMFT, Therapist, The Center for OCD & Anxiety Center at Sheppard Pratt
- 2:30 p.m. - 2:45 p.m.: *Break*
- 2:45 p.m. - 4:15 p.m.: **Session VI - Understanding and Treating Obsessive-Compulsive Personality Disorder (OCPD)**
Presented by: Anthony Pinto, PhD, Program Director, Northwell Health OCD Center, Zucker Hillside Hospital, Associate Professor, Psychiatry, Donald and Barbara Zucker School of Medicine at Hofstra/Northwell

In the event an announced speaker is unable to present, Sheppard Pratt reserves the right to present an alternative speaker on a comparable subject.

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Program Description

Obsessive-Compulsive Disorder (OCD) is a common and often debilitating mental health condition characterized by unwanted intrusive thoughts (obsessions) and repeated distress-reducing behaviors (compulsions). Frequently misunderstood, misdiagnosed, and mistreated, this series of lectures will demystify OCD and related disorders and the most effective protocols for helping those who suffer from them. Attendees new to or heavily experienced in treating OCD and related disorders will gain knowledge from multiple perspectives.

This unique format features six lectures from top experts in the field, scheduled across three sessions over the Spring season. This series includes experts presenting on the treatment of comorbid OCD and PTSD, the role of the "self" in OCD treatment, how to motivate OCD patients in treatment, recent updates in novel neurosurgical treatments of OCD, understanding and treating Panic Disorder, and the diagnosis and treatment of Obsessive Compulsive Personality Disorder.

Approval Statements

This series offers 9.0 contact hours for attending all three dates.

Physician Statement: Sheppard Pratt is accredited by The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt designates this live activity for a maximum of 3.0 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Statement: Sheppard Pratt is approved as a provider of nursing continuing professional development by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity provides 3.0 contact hours for nurses.

Psychologist Statement: Sheppard Pratt is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this continuing education activity. Sheppard Pratt designates this educational activity for a maximum of 3.0 contact hours for Psychologists.

Social Worker Statement: Sheppard Pratt is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this continuing education activity. This activity is approved for 3.0 contact hours in Category I credits for Social Workers.

Counselor Statement: Sheppard Pratt has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt is solely responsible for all aspects of the program. This activity is available for 3.0 NBCC clock hours.



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