

SOCIAL WORK & COUNSELING CONNECTION newsletter

November 2018

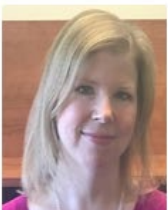
Welcome Senior Social Workers to Towson and Ellicott City!



Carrie Etheridge, LCSW-C Child & Adolescent Services, Towson

Carrie is a seasoned child & adolescent therapist who has worked at Kennedy Krieger High School the Carruthers Clinic, and then at the [Forbush Preschool Program](#).

For the past three years, Carrie has worked on the psychotic disorders unit. Carrie states, "Social work feeds my desire to advocate for others, help children and their families meet their full potential through support and counseling, as well as see the client through a lens" that is unique to social work.



April Sobiech, LCSW-C Adult Services, Towson

Throughout her 16-year career, April has enjoyed "learning about the complexity of people and how life experiences and broader system issues shape their internal world."

April began her career at Sheppard Pratt as a therapist at the Berkeley and Eleanor Mann Residential Treatment Center. She then transitioned to the adult service line; most recently, she has worked with adult and adolescent populations on the crisis admissions unit. April states, "although social work is not the easiest career path, I have found that it is a meaningful one."



Miriah Eliasson, LCSW-C Ellicott City Campus

For the past 10 years, [Miriah](#) has dedicated her career to working with patients who have psychotic disorders, first on the psychotic disorders unit and then at the Sullivan Day

Hospital for the past two years. [Miriah](#) was first drawn to social work after watching her parents care for her brother who is on the autism spectrum. [Miriah](#) feels that her "foundational belief system of equality and social justice" serve as "guideposts" as she launches into her role as supervisor and mentor at Sheppard Pratt.

Happy & Not-So-Happy Holidays

The winter holiday season can be a time of connecting with friends and family, celebrations, warm wishes and fun. For some, though – patients and clinicians alike – the holiday season is tremendously stressful. For more information on care for patients and clinicians alike, check out these resources:

[Managing Holiday Stress](#)

[Webinar: Suicide Prevention in the Holiday Season \(12-13-18\)](#)

[Relapse Prevention During the Holidays \(podcast\)](#)

[Find Your Holiday Happiness: Manage Anxiety and Depression](#)

[Holiday Toolbox](#)

Policy Center

Referral Relations CM 410.7

This policy articulates our institutional commitment to the **inclusion of the current provider of care** as part of the treatment team unless doing so would violate that patient's right of selection.

On the inpatient and day hospital side, it is paramount for social workers and licensed professional counselors to contact outpatient therapists, case managers, and other care providers within 72 hours of admission to gather collateral information for the completion of the Psychosocial Evaluation.

If you are a community provider and have difficulty locating an inpatient or day hospital team, please contact Caroline Cahn at 410-938-3822.