

## What is Naloxone?

Naloxone, also known as Narcan, is a nasal spray that safely and effectively reverses an opioid overdose. It has been used by doctors and paramedics for decades. It is now available for use by good Samaritans as well.

## Know your rights

Maryland's Good Samaritan Law protects people assisting in an emergency overdose situation from arrest and prosecution for crimes including possessing or using a controlled substance, possessing or using drug paraphernalia, and providing alcohol to minors. It also protects the victim from charges including pretrial release, probation, or parole violations if those violations were obtained because someone summoned medical assistance on the victim's behalf.

The law does not protect bystanders who are not involved in the emergency rescue effort.

## How to use Naloxone

Recognize the signs of an opioid overdose:

- Loud snoring
- Lips or fingertips turning blue
- Pale/greyish skin
- Unresponsiveness
- A very limp body
- Shallow, slow, or stopped breathing
- Slow or stopped heartbeat

# NARCAN:

## the Opioid Overdose Reversal Drug That Saves Lives



### STEP 1: GET THEIR ATTENTION

Firmly rub your knuckles up and down the middle of the person's chest.



### STEP 2 CALL 911

Tell them your location and the person's symptoms.



### STEP 3 GIVE NALOXONE

1. Peel back the package to remove the device.
2. Place tip of nozzle in either nostril until your fingers touch the bottom of the person's nose.
3. Press the plunger firmly to release dose into nose.
4. Give second dose if first dose does not work within 1-3 minutes.



### STEP 4 SUPPORT BREATHING

1. Lay the person on their back.
2. Tilt the chin back. Remove anything blocking airway.
3. Pinch the person's nose closed and cover their mouth with your mouth.
4. Blow 2 regular breaths, then give 1 breath every 5 seconds
5. Do chest compressions if trained in CPR.



### STEP 5 CARE FOR THE PERSON

1. Stay with the person until medical help arrives.
2. Place the person in recovery position: face and head turned to the side, top hand placed under head, and top knee bent to support the body.

#### For more information

MD Harm Reduction Naloxone website [health.maryland.gov/pha/NALOXONE/Pages/Home.aspx](https://health.maryland.gov/pha/NALOXONE/Pages/Home.aspx)  
MD State OOC Data Dashboard [beforeitstoolate.maryland.gov/oocc-data-dashboard/](https://beforeitstoolate.maryland.gov/oocc-data-dashboard/)