





# May 2022 Snack Menu



	Mon	Tue	Wed	Thu	Fri
<b>AM</b>	Rice Krispies Cereal w/ Milk <sup>2</sup>	French Toast w/ Milk <sup>3</sup>	Nutra-grain Bars <sup>4</sup>	Blueberry Muffins <sup>5</sup>	Cheerios w/ Milk <sup>6</sup>
<b>PM</b>	Trail Mix w/ Milk	Cucumbers w/ Ranch Dressing	Pineapples & Crackers	Goldfish & Raisins	Naan Dippers w/ Cream Cheese
<b>AM</b>	Cheerios w/ Milk <sup>9</sup>	Waffles w/ Syrup <sup>10</sup>	Fruit Granola w/ Milk <sup>11</sup>	Cinnamon Toast w/ Milk <sup>12</sup>	Chex Cereal w/ Milk <sup>13</sup>
<b>PM</b>	Goldfish & Raisins	Yogurt & Graham Crackers	Trail Mix w/ Milk	Mandarin Oranges & Crackers	Chips w/ Cheese Sauce
<b>AM</b>	Chex Cereal w/ Milk <sup>16</sup>	Pancakes w/ Blueberries <sup>17</sup>	Life Cereal w/ Milk <sup>18</sup>	English Muffin w/Apple Butter <sup>19</sup>	Yogurt w/ Fruit Granola <sup>20</sup>
<b>PM</b>	Pineapples & Crackers	Pretzels & Cheese Sticks	Pears & Crackers	Vanilla Wafer w/ Milk	Breadsticks w/ Cheese Sticks
<b>AM</b>	Nutra –grain Bars w/ Milk <sup>21</sup>	Toast w/Apple Butter <sup>22</sup>	Cheerios w/ Milk <sup>23</sup>	Scrambled Eggs w/ Cheese <sup>24</sup>	Life Cereal w/ Milk <sup>25</sup>
<b>PM</b>	Applesauce & Crackers	Animal Crackers w/ Milk	Corn Muffins w/ Milk	Peaches & Crackers	Goldfish & Raisins
<b>AM</b>	<b>30</b> <b>WMG CLOSED FOR</b>  <b>MEMORIAL DAY</b>	Rice Krispies Cereal w/ Milk <sup>31</sup>			
<b>PM</b>		Vanilla Wafers w/ Milk			

## MSDE & CACFP- Meal Requirements

Snack- Choose 2	Ages 1-2	Ages 3-5
Fluid Milk	4 fluid oz.	6 fluid oz
Fruit or Veggie	1/4 Cup	1/2 Cup
Bread, Bread Alt. or Cereal	1/2 Slice or 1/2 Cup	1/2 Slice or 1/2 cup
Meat or Meal Alt.	1 oz.	1 1/2 oz.



**Allergy Options: Applesauce (AM) & Pretzels (PM)**  
**Milk & Water is Offered With Every Meal**

**\*\*SNACKS ARE SUBJECT TO CHANGE\*\***