




May 2021 Snack Menu



	Mon	Tue	Wed	Thu	Fri
AM	3 Life Cereal w/ Milk	4 Pancake w/Strawberries	5 Nutra-grain Bars w/Milk	6 Blueberry Muffins w/ Milk	7 Cheerios w/ Milk
PM	Trail Mix w/ Milk	Cucumbers w/ Ranch Dressing	Pineapples & Crackers	Goldfish & Raisins	Fresh Fruit w/ Crackers
AM	10 Nutra –grain Bars w/ Milk	11 Scrambled Eggs w/ Cheese	12 Chex Cereal w/ Milk	13 Toast w/Apple Butter	14 Yogurt w/ Fruit Granola
PM	Applesauce & Crackers	Breadsticks w/ Hummus	Cheese Quesadillas	Animal Crackers w/ Milk	Pears & Crackers
AM	17 Chex Cereal w/ Milk	18 French Toast Sticks w/ Milk	19 Corn Muffins w/ Milk	20 Cheese Toast w/ Milk	21 Life Cereal w/ Milk
PM	Chips w/Cheese Sauce	Peaches & Crackers	Yogurt w/ Graham Crackers	Vanilla Wafer w/ Milk	Pretzels & Hummus
AM	24 Cheerios w/ Milk	25 Waffles w/ Syrup	26 Fruit Granola w/ Milk	27 Cinnamon Toast w/ Milk	28 Chex Cereal w/ Milk
PM	Goldfish & Raisins	Yogurt & Graham Crackers	Trail Mix w/ Milk	Mandarin Oranges & Crackers	Chips w/ Cheese Sauce
AM	31 WMG CLOSED FOR  MEMORIAL DAY				
PM					

MSDE & CACFP- Meal Requirements

Snack- Choose 2	Ages 1-2	Ages 3-5
Fluid Milk	4 fluid oz.	6 fluid oz
Fruit or Veggie	1/4 Cup	1/2 Cup
Bread, Bread Alt. or Cereal	1/2 Slice or 1/2 Cup	1/2 Slice or 1/2 cup
Meat or Meal Alt.	1 oz.	1 1/2 oz.



Allergy Options: Applesauce (AM) & Pretzels (PM)
Water is Offered With Every Meal

****SNACKS ARE SUBJECT TO CHANGE****