

May 2019

# Volunteer News

## Sheppard Pratt Health System's Capital Region



PART OF THE SHEPPARD PRATT HEALTH SYSTEM:



### Save the Date

Family Services, Inc. is pleased to invite our volunteers to our 2019 **Volunteer Appreciation** celebration!

- **Wednesday, June 12 from 4:00 p.m. - 7:00 p.m.**
- Feel free to come and go as you please!
- **Grape Escape**
- 223 Kentlands Boulevard, Gaithersburg, MD, 20878



We are looking forward to offering our thanks for all you have done over the last year. Come enjoy delicious hors d'oeuvres, desserts, and soft drinks. Wine and beer will be available at happy hour prices.

All volunteers will receive a raffle ticket upon arrival. Drawings will be done throughout the evening and you do not need to be present to win.

Click [HERE to RSVP](#) and we hope to see you there!

### One-time volunteer opportunities

#### Great opportunities for adults and students!

Family Services is always looking for special support volunteers to help at special events. All you need to do is submit a completed **volunteer application** and we will be in touch to confirm your participation.

#### EARLY HEAD START EVENTS

Each month Family Services' **Early Head Start** program hosts a number of special events for parents and families. Volunteers are needed to help with two events in May.



#### Policy Council Meeting

- **Monday, May 20 from 4:45 p.m. - 7:30 p.m.**
- Volunteers are needed to help with set up, serving food, childcare, Spanish/English interpretation, and clean up
- 640 East Diamond Avenue, Suite A, Gaithersburg, MD, 20877
- Students 16 and older are welcome to help

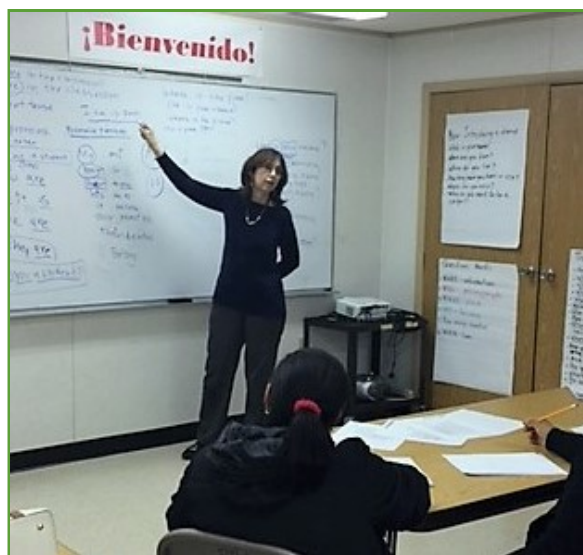
#### Parent Committee

- **Thursday, May 30 from 4:30 p.m. - 7:30 p.m.**

### We depend on our volunteers

Many of Family Services' programs depend on volunteers to provide extra support in a variety of ways. The **Ed Bohrer Parent Resource Center** (PRC), however, is unique in that the volunteer to staff ratio is 10:2. Without an incredible team of volunteers, the PRC would not be able to offer all of its client services. Just last month, volunteers offered over 120 hours of service at the PRC. Lucia Torres, PRC Program Director, says, "We are very grateful for our amazing volunteers. With their time they are changing the lives of many in our community. They are awesome!"

Currently, seven volunteers lead the weekly adult education classes including English as a Second Language (ESL), US Citizenship, Basic Computer Skills, and Parenting Skills. Diana Rivas, below, has been teaching the Tuesday evening ESL classes for nearly a year.



Volunteers also provide childcare as parents attend their classes. High school senior, Montse Cerriteno, has been providing individual attention and wonderful supervision for children on Tuesday evenings during the spring semester.

- Volunteers are needed to help with set up, serving food, childcare, and clean up
- 630 East Diamond Avenue, Gaithersburg, MD, 20877
- Students 16 and older are welcome to help

Many thanks to volunteers from the Highlight Church who helped with Early Head Start's Male Involvement event on a beautiful Saturday morning in April. Thank you also to students who volunteered during their spring break, helping EHS with a spring cleaning and organizing project. Finally several other individuals assisted with EHS monthly events so that in total, over 15 volunteers offered their time, energy, and skills to Early Head Start during the month of April. Thank you all!

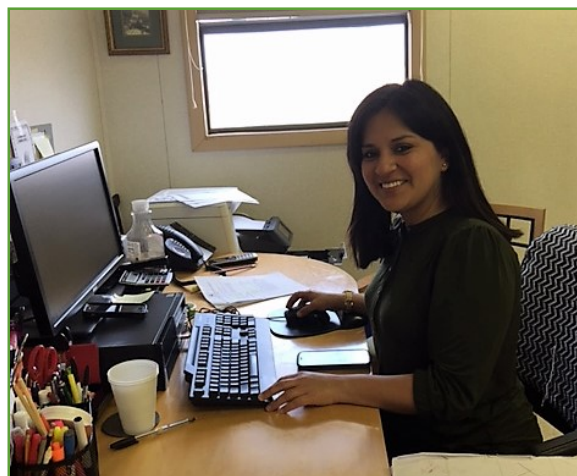


## Monthly new volunteer orientations

Learn more about Family Services and Sheppard Pratt Health System, our volunteer policies, and current volunteer opportunities at our monthly new volunteer orientations. Upcoming one-hour sessions include:



Finally, volunteers provide much needed administrative support: answering phones, helping with data entry, and being available to direct parents and other adults in need of community services. Katherine Carranza, below, volunteers twice a week, serving as a welcoming presence to all who come through the door. Many thanks to all of the PRC volunteers!



## Montgomery Station celebrates

Family Services was pleased to welcome a team of volunteers from Access Intelligence as well as from Wells Fargo to help cook and serve lunch at **Montgomery Station** in April. We celebrated Barbershop Quartet day with lots of fun music and a terrific lunch including lasagna, green beans, fresh fruit salad, and homemade brownies.

These lunches would not be possible without our amazing volunteers!



- **Thursday, May 2 at 6:00 p.m.**
- **Tuesday, May 21 at 12:00 p.m.**

Contact [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) to RSVP. Online applications are available on **our website**. Orientations are held at **620 East Diamond Avenue, Gaithersburg, MD, 20877**.



To learn more about volunteering for any of the opportunities listed above,  
**contact Mary Murphy, Volunteer and Marketing Specialist, at [mary.murphy@fs-inc.org](mailto:mary.murphy@fs-inc.org) or call 301-840-3183.**