



May 2019 Snack Menu



	Mon	Tue	Wed	Thu	Fri
AM			1 Yogurt & Apple Slices	2 English Muffin w/ Jelly	3 Cheerios w/ Milk
PM			Pineapples & Crackers	Cheese Quesadillas	Vanilla Wafers w/ Milk
AM	6 Nutra –grain Bars w/ Milk	7 Scrambled Eggs	8 Chex Cereal w/ Milk	9 Pancakes w/ Milk	10 Life Cereal w/ Milk
PM	Applesauce & Crackers	Orange Slices & Graham Crackers	Trail Mix w/ Milk	Blueberry Muffins w/ Milk	Pears & Vanilla Wafers
AM	13 Cheerios w/ Milk	14 Waffle Sticks w/ Syrup	15 Cheese Toast	16 Bagel w/ Cream Cheese	17 Chex Cereal w/ Milk
PM	Cheese Sticks & Crackers	Yogurt & Graham Crackers	Pineapples & Crackers	Chips w/Cheese Sauce	Mandarin Oranges & Crackers
AM	20 Life Cereal w/ Milk	21 French Toast w/ Milk	22 Nutra-grain Bars	23 Blueberry Muffins	24 Cheerios w/ Milk
PM	Trail Mix w/ Milk	Cheese Sticks & Apple Slices	Applesauce & Crackers	Peaches & Crackers	Corn Muffins w/ Milk
AM	27 CENTER CLOSED MEMORIAL DAY	28 Life Cereal w/ Milk	29 Cinnamon Toast w/ Milk	30 Corn Muffins w/ Milk	31 Yogurt & Apple Slices
PM		Trail Mix w/ Milk	Pineapples & Crackers	Cheese Quesadillas	Pears & Vanilla Wafers

MSDE & CACFP- Meal Requirements

Snack- Choose 2	Ages 1-2	Ages 3-5
Fluid Milk	1/2 Cup	3/4 Cup
Fruit or Veggie	1/4 Cup	1/2 Cup
Bread, Bread Alt. or Cereal	1/2 Slice/ 1/3 oz.	1/2 Slice/ 1/2 oz.
Meat or Meal Alt.	1/2 oz.	1/2 oz.



Allergy Options: Applesauce (AM) & Pretzels (PM)
Water is Offered With Every Meal

****SNACKS ARE SUBJECT TO CHANGE****