



Lunch – May 2019

<p><i>~This menu is designed for children age 12+ months</i></p>	<p><i>Fresh fruits include but are not limited to: apples, oranges, bananas, pears, tangerines, cantaloupes, plums, nectarines, watermelons, strawberries, blueberries, peaches, honeydew, cantaloupes. Fruit will be served as it is in season and as it becomes ripe. This institution is an equal opportunity provider</i></p>	<p>5/1 Shepherd's Pie Pineapple/mango cole slaw +Whole wheat bread/butter Fresh fruit</p>	<p>5/2 Maryland-style chicken Sugar snaps & carrots +Whole wheat bread/butter Fresh fruit</p>	<p>5/3 +*Whole wheat macaroni & cheese Mixed vegetables Fresh fruit</p>
<p>5/6 +Whole wheat Turk-a-roni Grated cheese Southwest salad Fresh fruit</p>	<p>5/7 +*Whole grain pizza Garden salad Fresh fruit</p>	<p>5/8 Chicken patty Tuscan bean and garlic soup + Whole wheat bread/butter Fresh fruit</p>	<p>5/9 *Spinach manicotti Winter blend vegetables +Whole wheat bread/butter Fresh fruit</p>	<p>5/10 *Beans & Brown rice Tossed salad +Tortilla Fresh fruit</p>
<p>5/13 Chicken Alfredo with tri-color pasta Salad Fresh fruit</p>	<p>5/14 *Broccoli quiche Peas +Whole wheat bread/butter Fresh fruit</p>	<p>5/15 +Spaghetti & meat sauce Grated cheese Spinach salad Fresh fruit</p>	<p>5/16 Chicken leg w/ buttermilk gravy Zucchini & yellow squash +Whole wheat bread/butter Fresh fruit</p>	<p>5/17 +Turkey taco w/whole wheat tortilla Corn Grated cheese Fresh fruit</p>
<p>5/20 Power veggie beef & chicken stew Spinach salad +Whole wheat bread/butter Fresh fruit</p>	<p>5/21 Turkey meatloaf Mashed sweet potatoes +Whole wheat bread/butter Fresh fruit</p>	<p>5/22 +Dirty brown rice with beef, vegetables, quinoa and farrow Apple cole slaw Fresh fruit</p>	<p>5/23 Black bean, corn, & chicken quesadilla +With whole wheat tortilla Green Beans Fresh fruit</p>	<p>5/24 *Lasagna Tossed salad Fresh fruit</p>
<p>5/27 ***** CLOSED FOR MEMORIAL DAY *****</p>	<p>5/28 +Whole wheat ziti with chicken sausage & tomato sauce, and baby kale Grated cheese Tossed salad Fresh fruit</p>	<p>5/29 Chicken chili Broccoli & cheese salad +Whole wheat bread/butter Fresh fruit</p>	<p>5/30 *Ravioli w/olive oil, tomato sauce & fresh basil Peas Fresh fruit</p>	<p>5/31 BBQ chicken leg California blend vegetables +Whole wheat bread/butter Fresh fruit</p>

*Vegetarian meal

+Whole grain