




June 2023 Snack Menu



	Mon	Tue	Wed	Thu	Fri
AM				1 Cheerios w/ Milk	2 Pancakes w/ Milk
PM				Pretzels & Raisins	Peaches & Crackers
AM	5 Rice Krispies w/ Milk	6 Bagels w/Cream Cheese	7 Nutra-grain Bars w/ Milk	8 French Toast w/ Milk	9 Life Cereal w/ Milk I/T: Cheerios
PM	Pineapples & Crackers	Applesauce & Graham Crackers	Breadsticks w/ Cheese Sticks	Mixed Fruits & Crackers	Goldfish & Raisins
AM	12 Cheerios w/ Milk	13 Cheese Toast w/Milk	14 Fruit Granola w/ Milk I/T: Rice Krispies Cereal	15 Yogurt w/ Blueberries	16 Waffles w/ Syrup
PM	Mandarin Oranges & Crackers	Pears & Crackers	Corn Muffin w/Milk	Naan Dippers w/ Cream Cheese	Animal Crackers w/Milk
AM	19 Chex Cereal w/ Milk I/T: Rice Krispies Cereal	20 Biscuits w/ Jelly	21 Life Cereal w/ Milk I/T: Cheerios	22 Scrambled Eggs w/ Cheese	23 Rice Krispies w/ Milk
PM	Peaches w/Crackers	Pineapples & Crackers	Cheese sticks & Crackers	Mixed Fruits & Crackers	Goldfish & Raisins
AM	26 Cheerios w/ Milk	27 Waffles w/ Milk	28 Yogurt w/ Fruit Granola I/T: No Fruit Granola	29 English Muffins w/Apple Butter	30 Life Cereal w/ Milk I/T: Cheerios Tortilla Chips w/ Cheese Sauce I/T : Naan Dippers
PM	Vanilla Wafers w/ Milk	Applesauce & Graham Crackers	Blueberry Muffins w/ Milk	Pears & Crackers	

MSDE & CACFP- Meal Requirements

Snack- Choose 2	Ages 1-2	Ages 3-5
Fluid Milk	4 fluid oz.	6 fluid oz
Fruit or Veggie	1/4 Cup	1/2 Cup
Bread, Bread Alt. or Cereal	1/2 Slice or 1/2 Cup	1/2 Slice or 1/2 cup
Meat or Meal Alt.	1 oz.	1 1/2 oz.



Allergy Options: Applesauce (AM) & Pretzels (PM)
Milk & Water is Offered With Every Meal

I/T- Infant Toddler Substitute Snack for 18 months & younger

****SNACKS ARE SUBJECT TO CHANGE****