



June 2019 Snack Menu



	Mon	Tue	Wed	Thu	Fri
AM	3 Nutra –grain Bars w/ Milk	4 Pancakes w/ Milk	5 Cheerios w/ Milk	6 Cinnamon Toast w/ Milk	7 Life Cereal w/ Milk
PM	Applesauce & Crackers	Orange Slices & Graham Crackers	Cheese Quesadilla	Pretzels & Cheese Sticks	Pears & Vanilla Wafers
AM	10 Cheerios w/ Milk	11 Scrambled Eggs w/ Cheese	12 Pineapples w/ Crackers	13 Corn Muffin w/ Milk	14 Cheese Toast
PM	Cheese Sticks & Crackers	Yogurt & Graham Crackers	Trail Mix w/ Milk	Chips w/Cheese Sauce	Mandarin Oranges & Crackers
AM	17 Life Cereal w/ Milk	18 French Toast w/ Milk	19 Nutra-grain Bars	20 Blueberry Muffins	21 Yogurt w/ Apple Slices
PM	Trail Mix w/ Milk	Fresh Orange Slices w/ Crackers	Applesauce & Cheese Sticks	Peaches & Crackers	Corn Muffin w/ Milk
AM	24 Chex Cereal w / Milk	25 Waffles w/ Milk	26 Cheerios w/ Milk	27 English Muffin w/ Jelly	28 Nutra –grain Bars w/ Milk
PM	Chips w/Cheese Sauce	Pretzels w/ Raisins	Peaches & Crackers	Cheese Quesadilla	Vanilla Wafers w/ Milk
AM					
PM					

MSDE & CACFP- Meal Requirements

Snack- Choose 2	Ages 1-2	Ages 3-5
Fluid Milk	1/2 Cup	3/4 Cup
Fruit or Veggie	1/4 Cup	1/2 Cup
Bread, Bread Alt. or Cereal	1/2 Slice/ 1/3 oz.	½ Slice/ 1/2 oz.
Meat or Meal Alt.	1/2 oz.	1/2 oz.



Allergy Options: Applesauce (AM) & Pretzels (PM)
Water is Offered With Every Meal

****SNACKS ARE SUBJECT TO CHANGE****