### **GRAND ROUNDS**

### The Center for Professional Education at Sheppard Pratt

Virtual lecture series, Wednesdays, 12 - 1 p.m. ET (excluding October 25, 11:30 a.m. - 1 p.m. ET)

### **September 13, 2023**

# Trauma-Informed Care on Inpatient Child & Adolescent Psychiatric Units

Presented by: Anna Kerlek, MD

Associate Clinical Professor in Psychiatry

The Ohio State University Wexner Medical Center

Psychiatrist

Nationwide Childrens' Hospital

Columbus, OH

Click here for broadcast details.

### **September 27, 2023**

#### Climate Psychiatry 101

Presented by: Elizabeth K. Haase, MD

Director of Psychiatry

Carson Tahoe Regional Medical Center

Carson City, NV

Click here for broadcast details.

#### October 11, 2023

# The Death of the Psychological Self as a Precursor to Death by Suicide

Presented by: Thomas Joiner, PhD

Robert O. Lawton Distinguished Professor of

Psychology

Director, FSU Psychology Clinic

Florida State University

Tallahassee, FL

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### October 25, 2023

Note time: 11:30 a.m. - 1 p.m. ET

### Inflammation, Depression, and Omega-3 Fatty Acids

Presented by: Mark Hyman Rapaport, MD

CEO, Huntsman Mental Health Institute

University of Utah School of Medicine

Salt Lake City, UT

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#### **November 1, 2023**

# The Interaction of Anxiety and Autism Spectrum Disorder: A Critical Component of Person-Centered Care

Presented by: Michael Murray, MD

Medical Director, Autism and Developmental Services

Sheppard Pratt

Baltimore, MD

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### November 15, 2023

### **Engineering Brain Circuits to Treat Psychiatric Disorders**

Presented by: Alik Widge, MD, PhD

Assistant Professor, Department of Psychiatry

University of Minnesota

Minneapolis, MN

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#### November 29, 2023

# Responding to the Children's Mental Health Emergency Declaration

Presented by: Tami D. Benton, MD

Psychiatrist-in-Chief, Executive Director, and Chair,

Department of Child and Adolescent Psychiatry and

Behavioral Sciences;

Clinical Director

Child and Adolescent Psychiatry

Children's Hospital of Philadelphia

Philadelphia, PA

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### **December 6, 2023**

### Mental Health Treatment and Climate Change: Beyond the Overview

Presented by: Janet Lewis, MD

Clinical Assistant Professor

University of Rochester

Rochester, NY

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#### December 13, 2023

Thinking About Prescribing: What the Therapeutic Alliance, Evidence-based Psychotherapy, and Relational Principles Teach Us About

### Psychopharmacology with Diverse Youth & Families

Presented by: Shashank V. Joshi, MD, FAAP, DFAACAP

Professor of Psychiatry and Pediatrics

Stanford University School of Medicine;

Director, School Mental Health

Lucile Packard Children's Hospital

Stanford, CA

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For additional educational offerings and any changes/updates to the lecture series,

visit cme.sheppardpratt.org

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#### **INSTRUCTIONS FOR ATTENDEES**

To mark attendance, participants will receive a codeword during this lecture to enter at cme.sheppardpratt.org/code, or TEXT: 410-291-8061.

This regularly scheduled series publishes the activities listed in this schedule the Monday before the lecture date. Program descriptions, learning objectives, online disclosures, etc., can be found on cme.sheppardpratt.org. For additional continuing education offerings, and updates to this lecture series, visit cme.sheppardpratt.org/code.

### **CONTENT AND OBJECTIVES**

Sheppard Pratt provides this update on mental health issues to support continuing education of medical and mental health professionals. A formal needs assessment of the mental health community, current issues in mental health, and hospital staff needs assessment are the indicators for the content of the Grand Rounds. Participants will be able to describe current psychiatric diagnoses, analyze various treatments presented, and apply this knowledge in developing their own strategies for more effective management of patients.

#### APPROVAL STATEMENTS

Physician Statement: Sheppard Pratt is accredited by The Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. Sheppard Pratt designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse Statement: Sheppard Pratt is approved as a provider of nursing continuing professional development by the Maryland Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CME activity. This activity provides 1.0 contact hours for nurses.

Psychologist Statement: Sheppard Pratt is authorized by the State Board of Examiners of Psychologists as a sponsor of continuing education. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CE activity. Sheppard Pratt designates this educational activity for a maximum of 1.0 contact hours for Psychologists.

Social Worker Statement: Sheppard Pratt is authorized by the Board of Social Work Examiners of Maryland to offer continuing education for Social Workers. Sheppard Pratt takes responsibility for the content, quality, and scientific integrity of this CE activity. This activity is approved for 1.0 contact hours in Category I credits for Social Workers.

Counselor Statement: Sheppard Pratt has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5098. Programs that do not qualify for NBCC credit are clearly identified. Sheppard Pratt is solely responsible for all aspects of the program. This activity is available for 1.0 NBCC clock hours





