



February 2023 Snack Menu



	Mon	Tue	Wed	Thu	Fri
AM			1 Nutra grain Bar w/ Milk	2 Pancake w/ Milk	3 Yogurt w/ Graham Crackers
PM			Applesauce w/ Graham Crackers	Pineapples w/ Crackers	Vanilla Wafers w/ Milk
AM	6 Life Cereal w/ Milk I/T: Cheerios	7 Cheese Toast w/ Milk	8 Fruit Granola w/ Milk I/T: Cheerios	9 French Toast w/ Milk	10 Chex Cereal w/ Milk I/T: Rice Krispies Cereal
PM	Mandarin Oranges w/ Crackers	Mixed Fruit w/ Crackers	Goldfish w/ Raisins I/T: No Raisins	Peaches w/ Crackers	Pears w/ Crackers
AM	13 Cheerios w/ Milk	♥ 14 Waffles w/ Milk	15 Rice Krispies Cereal w/ Milk	16 Scramble Eggs w/ Cheese	17 Life Cereal w/ Milk I/T: Cheerios
PM	Breadsticks w/ Cheese sticks	Valentine's Day Party	Pineapples w/ Crackers	Animal Crackers w/ Milk	Tortilla Chips w/ Cheese Sauce I/T : Naan Dippers
AM	20 WMG Closed For President's Day	21 Chex Cereal w/ Milk I/T: Rice Krispies Cereal	22 Yogurt w/ Blueberries	23 Biscuits w/ Jelly	24 Nutra grain Bar w/ Milk
PM		Peaches w/ Crackers	Corn Muffin w/ Milk	Mandarin Oranges w/ Crackers	Naan Dippers w/ Cream Cheese
AM	27 Cheerios w/ Milk	28 English Muffin w/ Apple Butter			
PM	Mixed Fruit w/ Crackers	Blueberry Muffins w/ Milk			

MSDE & CACFP- Meal Requirements

Snack- Choose 2	Ages 1-2	Ages 3-5
Fluid Milk	4 fluid oz.	6 fluid oz
Fruit or Veggie	1/4 Cup	1/2 Cup
Bread, Bread Alt. or Cereal	1/2 Slice or 1/2 Cup	1/2 Slice or 1/2 cup
Meat or Meal Alt.	1 oz.	1 1/2 oz.



**Allergy Options: Applesauce (AM) & Pretzels (PM)
Milk & Water is Offered With Every Meal**

I/T- Infant Toddler Substitute Snack for 18 months & younger

****SNACKS ARE SUBJECT TO CHANGE****