



Sheppard Pratt

Coronavirus Disease 2019 (COVID-19) Fact Sheet

What is it?

COVID-19 is a respiratory illness that can spread from person to person when an infected individual coughs and/or sneezes while in close contact (less than 6 feet) with others. It is also possible that a person can get COVID-19 by touching a surface or object that has the virus on it, and then touching their own mouth, nose, or eyes.

What are the symptoms?

Symptoms typically appear 2-7 days after an individual was initially in contact with the virus. Individuals have experienced mild to severe respiratory symptoms including cough, shortness of breath, and a fever.

How can I protect myself and others?

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains at least 60% alcohol if soap and water are not available.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Follow social distancing recommendations (maintain a distance of 6 feet or more) and avoid close contact with others.
- Most importantly, if you are sick please reach out to your manager/leader and stay home.

What precautions is Sheppard Pratt taking?

Sheppard Pratt is committed to staying informed and up to date with the Centers for Disease Control (CDC) recommendations and taking the necessary precautions. These include:

- All employees are encouraged to follow appropriate hand hygiene, standard precautions, and social distancing.
- Meetings or gatherings with greater than 10 people for in-person attendance are being cancelled, postponed, or held virtually.
- Implemented additional cleaning measures such as increased rounding and spot checks, increased frequency of cleaning "high touch" areas in all public areas, and installation of additional hand sanitizer dispenser in public areas.
- Visitors are not permitted at our treatment locations and commercial buildings.
- All individuals receiving care in our treatment locations are screened for COVID-19 risk factors.

Which guidelines does Sheppard Pratt follow regarding usage of Personal Protective Equipment (PPE)?

- Sheppard Pratt follows current CDC and Maryland Department of Health guidelines on PPE usage, and as they update their guidelines, we will continue to update our practices.



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- On March 23, 2020, Secretary Neall from the Maryland Department of Health issued a directive detailing COVID-19 testing protocols and the appropriate use of PPE. In this directive, Secretary Neall detailed a "Personal Protective Order Conservation" decree due to the pandemic, which details the thoughtful and judicious use of PPE and allows limited reuse of PPE beyond normal circumstances. In this directive, facemasks are prioritized for the following situations:
 - Provision of essential surgeries and procedures (such as electroconvulsive therapy at Sheppard Pratt)
 - During care activities where splashes and sprays are anticipated
 - During activities where prolonged face-to-face or close contact with a potentially infectious patient is unavoidable
 - For performing aerosol generating procedures, if respirators are no longer available
- For Sheppard Pratt employees working outside of electroconvulsive therapy, PPE use will be limited to prolonged exposure of close face-to-face contact with infectious patients.
- Unit managers/nursing leaders and community service leaders will be overseeing the use of our supply of PPE for employees, patients, clients and residents in need.
- Sheppard Pratt employees may use their own supply of masks in situations that are not detailed in the guidelines above. In situations where PPE should be used, Sheppard Pratt will provide appropriate PPE.

For additional guidance and information, please visit: www.cdc.gov/coronavirus/2019.