



April 2019 Snack Menu



| | Mon | Tue | Wed | Thu | Fri |
|----|--------------------------------|---------------------------------|------------------------------|------------------------------|---|
| AM | 1 Life Cereal w/ Milk | 2 Cheese Toast w/ Milk | 3 Pears & Crackers | 4 English Muffin w/ Jelly | 5 Yogurt & Apple Slices |
| PM | Trail Mix w/ Milk | Chips w/ Cheese Sauce | Pretzels & Raisins | Cheese Quesadillas | Vanilla Wafers w/ Milk |
| AM | 8 Nutra –grain Bars w/ Milk | 9 Scrambled Eggs | 10 Life Cereal w/ Milk | 11 Cinnamon Toast | 12 Pancakes w/ Milk |
| PM | Applesauce & Crackers | Orange Slices & Graham Crackers | Cheese Quesadilla | Pretzels & Cheese Sticks | Pears & Vanilla Wafers |
| AM | 15 Cheerios w/ Milk | 16 Waffles w/ Syrup | 17 Applesauce w/ Crackers | 18 Cheese Toast | 19 WMG CLOSED FOR PARENT TEACHER CONFERENCES |
| PM | Goldfish & Raisins | Yogurt & Graham Crackers | Trail Mix w/ Milk | Mandarin Oranges & Crackers | |
| AM | 22 Life Cereal w/ Milk | 23 French Toast w/ Milk | 24 Nutra-grain Bars | 25 Blueberry Muffins | 26 Cheerios w/ Milk |
| PM | Trail Mix w/ Milk | Cheese Sticks & Apple Slices | Applesauce & Crackers | Trail Mix & Milk | Corn Muffins w/ Milk |
| AM | 29 Chex Cereal w/ Milk | 30 Cinnamon Toast | | | |
| PM | Chips w/ Cheese Sauce | Pineapples & Crackers | | | |

MSDE & CACFP- Meal Requirements

| Snack- Choose 2 | Ages 1-2 | Ages 3-5 |
|-----------------------------|-----------------------|-----------------------|
| Fluid Milk | 1/2 Cup | 3/4 Cup |
| Fruit or Veggie | 1/4 Cup | 1/2 Cup |
| Bread, Bread Alt. or Cereal | 1/2 Slice/ 1/3 oz. | 1/2 Slice/ 1/2 oz. |
| Meat or Meal Alt. | 1/2 oz. | 1/2 oz. |



Allergy Options: Applesauce (AM) & Pretzels (PM)
Water & Milk is Offered With Every Meal

****SNACKS ARE SUBJECT TO CHANGE****