

## Feel Good 5K & Fun Run FAQ

### 1. Are strollers allowed?

Yes, this is a kid-friendly and stroller-friendly event. Bicycles are not permitted. Registration is required for children 24-months and older in both events without a stroller.

### 2. Are dogs permitted?

No. We ask that you please leave your pets at home.

### 3. Where do I park for the race?

We encourage people to park in Parking Lot 4 on Sheppard Pratt's Towson Campus. There will be overflow parking available onsite. [Please see map here.](#)

### 4. What happens if there's inclement weather?

We race rain or shine. We are unable to provide any refunds.

### 5. Will water be provided for participants?

There will be one water station with cups on the course. Water and snacks will be provided at the finish line for race participants.

### 6. Where do I find race results?

At the top of the RunSignup page, you will see the 'Results' tab. Select the correct race and type in your bib number or name to see results.

### 7. When is the cut-off for registration?

Online registration is open through 11:59 p.m. ET on April 25. On-site registration at packet pickup only on April 26. **There will be no registration on race day.**

### 8. When/where is packet pickup?

Location:

Sheppard Pratt Conference Center  
6501 N. Charles St., Towson, MD 21204.

Dates & Times:

- Thursday, April 25: 3 – 7 p.m.
- Friday, April 26: 3 – 7 p.m.

If you are unable to make it to packet pickup, a family member, friend, or co-worker may pick up your packet for you. Please make sure anyone picking up packets for others have the participants' names they registered with and their registration confirmation. **There will be no registration or packet pickup option on race day.**

**9. Will there be an award ceremony after the race?**

Yes. Awards will be presented to the top overall male, female, and non-binary winner, as well as the top three male and female runners in the following age groups: 9 and under, 10-12, 13-15, 16-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and older. All participants in the 5K and 1-mile will receive a finishers medal.

**10. Will my award be mailed to me if I am unable to pick up after the race?**

Yes, we will ship awards to those that are unable to pick up after the race.