

Whether accessing care for yourself or a loved one, choosing a provider is an extremely important decision. Because we are a free-standing system focused solely on mental health treatment and recovery, we are able to provide our older adult patients with the specialized care they need in a supportive and compassionate environment.

Our geriatric services, offered on our Towson campus, include two inpatient units, outpatient appointments through our Neuropsychiatry Program, and services to long-term care facilities. We try to group our patients by population and disorder, so that we are able to provide the most focused treatment possible, and so that our patients are comfortable in their surroundings.

ADMISSIONS

We accept older adults meeting admissions criteria seven days a week, 365 days a year, upon completion of a referral. Patients in this age group can be emergency room, or doctor/therapist referred; however, the patient must be medically cleared before he or she can be admitted. Please call **410-938-3800** for more information.

Patients that are not currently receiving treatment can be directed to any local emergency room for psychiatric evaluation and medical clearance, or can schedule an Urgent Assessment appointment at Sheppard Pratt Health System by calling **410-938-HELP (4357)**.

INPATIENT CARE

Our geriatric inpatient psychiatric services provide intense therapeutic assessment, intervention, and treatment to those older adults experiencing depression, anxiety, severe forgetfulness, and other mental health issues requiring 24-hour monitoring. The majority of inpatients on our geriatric units are adults over 65 years of age; however, we do admit adults younger than 65 depending on the severity of their dementing illness. Sheppard Pratt's geriatric services are very unique in that our two units cater only to the specific needs of our geriatric patient population. This way, our older adult patients are placed with others at a similar point in their lives or in their illness, so that they feel comfortable in their environment.

Geriatric inpatient services include:

- **Geropsychiatric Unit:** Provides short-term evaluation and treatment of severe clinical depression and other conditions in primarily older adults requiring 24-hour hospital care.
- **Geriatric Neuropsychiatry Unit:** Provides a specialized neuropsychiatry track for cognitively-impaired patients, often with complications of dementing illness, which may be the result of Alzheimer's disease, Parkinson's disease, neurodegenerative disorders, or head trauma.

We offer a comprehensive, multidisciplinary approach to care on both of our geriatric units, with the following specialists included as integral members of our patient care teams:

- Psychiatrists
- Social workers
- Nurses and mental health workers to provide physical care
- Clinical pharmacist to review and verify medicines
- Internist to address each patient's medical issues

Therapies and services available on our geriatric units include:

- **Neuropsychological Assessments:** We offer consultation with a neuropsychologist who is available to schedule neuropsychological testing if needed.
- **Physical Therapy:** Upon doctors' orders, a physical therapist is available to work with patients who require these services Monday through Friday.
- **Occupational Therapy (OT):** Upon doctors' orders, an occupational therapist is available to work with patients to complete functional assessments. Additionally, we offer occupational therapy groups to all patients, Monday through Friday.
- **Recreational and Music Therapy:** A recreational therapist and a music therapist are available to provide group therapy sessions to all patients, Monday through Friday.
- **Discharge Services:** Our social workers assist our patients and their families with placements by recommending facilities that will work best for the patients and their resources.

SERVICES TO LONG-TERM CARE FACILITIES

We provide onsite psychiatric services to a variety of nursing homes and long-term care facilities and their residents through contractual arrangements. Please contact Kathy Richardson at **410-938-4329**.

OUTPATIENT SERVICES

Outpatient services are available through The Memory Clinic, one of the clinics within Sheppard Pratt's [Neuropsychiatry Program](#). The Memory Clinic provides a comprehensive assessment and treatment approach for patients experiencing difficulties related to memory loss. We work with individuals who have recently started experiencing mild memory problems, as well as those who have memory loss and/or confusion related to medical conditions such as heart disease and diabetes, and those suffering from dementia, including dementia due to Alzheimer's disease, stroke/cerebrovascular disease, Parkinson's disease, Lewy Body disease, and frontotemporal degeneration.

To schedule an appointment or to learn more, please call the Neuropsychiatry Program's admissions office at **410-938-4981**.

PAYMENT POLICIES

We participate with Maryland Medicaid and Medicare and many major insurance companies. Because of variations between policies, it is best to contact your insurer directly to determine whether we are in their network for your plan.

CONTACT US

For more information on our geriatric services, please call us at **410-938-3000** (TTY: **410-938-3075**).

DIRECTIONS

Please call our admissions office at **410-938-3000** or visit sheppardpratt.org/locations for directions.



[Sheppard Pratt Health System](#) is dedicated to improving quality of life through mental health, special education, and addiction services for children, adolescents, adults, and older adults. Our patient-centered treatment approach, combined with our legacy of clinical excellence, sets us apart from other health systems on both a local and national level. We have been ranked among the nation's top psychiatric hospitals for 25 consecutive years by [U.S. News & World Report](#).

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