

Specialized Program

[The Neuropsychiatry Program](#) offers a comprehensive approach to the evaluation and treatment of patients with developmental disabilities, traumatic brain injury, age-associated cognitive impairments, and related mental health problems, and includes the General Neuropsychiatry and Behavioral Neurology Clinic, The Concussion Clinic, The Memory Clinic, and The Developmental Neuropsychiatry Clinic.

Neuropsychiatry is a subspecialty of medicine that focuses on the relationship between neurological disorders (neurology) and mental disorders (psychiatry). Our lead clinicians are subspecialty-trained in both behavioral neurology/neuropsychiatry and psychiatry, and treat a wide variety of patients with disorders of the nervous system (brain injury or disease) that also have psychiatric problems.

OUR PROGRAM

Our program, founded in 1997 by Vassilis Koliatsos, M.D., provides specialized care in an outpatient setting to assess and treat patients with psychiatric and cognitive symptoms related to any of the following conditions:

- Autism and other neurodevelopmental conditions
- Traumatic and other acquired brain injuries, recent and chronic, mild and severe
- Neurodegenerative and vascular dementias including Alzheimer's disease, atherosclerosis, frontotemporal degeneration, Huntington's disease, Parkinson's disease, and related conditions
- Demyelinating diseases
- Epilepsy
- Schizophrenia
- Complex mood and psychotic disorders

Our team uses a neuropsychosocial approach in working with patients, families, and caregivers to help ensure that patients have optimal functionality to heal and recover.

THE GENERAL NEUROPSYCHIATRY AND BEHAVIORAL NEUROLOGY CLINIC

Led by Vassilis Koliatsos, M.D., The General Neuropsychiatry and Behavioral Neurology Clinic serves patients with acquired brain injury primarily due to trauma but also anoxia-ischemia and stroke, patients with neurodegenerative conditions, and patients with complex neuropsychiatric presentations of various or mixed etiologies. The General Neuropsychiatry Clinic is the teaching site for the clinical neuropsychiatry rotation of University of Maryland-Sheppard Pratt residents in Psychiatry.

In addition to routine patient care, Dr. Koliatsos provides neuropsychiatric consultations on patients referred to the program by psychiatrists, neurologists, and other practitioners in the broader region, and is actively involved in inpatient consultations at Sheppard Pratt Health System. For patient scheduling and other clinical questions please contact our neuropsychiatric nurse coordinator, Paula Notarangelo, R.N., for more information at pnotarangelo@sheppardpratt.org.

THE CONCUSSION CLINIC

Led by Margo Lauterbach, M.D., The Concussion Clinic offers a comprehensive approach to the evaluation and treatment of patients with mild brain injury-related neuropsychiatric symptoms. Our mission is to identify, evaluate, and treat individuals and their families who have been impacted by concussion and its neuropsychiatric consequences. We work with individuals who have sustained a concussion, or multiple concussions, in the context of a sports injury, car accident, fall, or other similar event.

THE MEMORY CLINIC

Led by Crystal Watkins, M.D., Ph.D., The Memory Clinic provides a comprehensive assessment and treatment approach for patients experiencing difficulties related to memory loss. We work with individuals who have recently started experiencing mild memory problems, as well as those who have memory loss and/or confusion related to medical conditions such as heart disease and diabetes, and those suffering from dementia, including dementia due to Alzheimer's disease, stroke/cerebrovascular disease, Parkinson's disease, Lewy Body disease, and frontotemporal degeneration.

THE DEVELOPMENTAL NEUROPSYCHIATRY CLINIC

Led by Robert Wisner-Carlson, M.D., The Developmental Neuropsychiatry Clinic offers specialty psychiatric and neuropsychiatric care for adults with intellectual disabilities, autism spectrum disorder (ASD), and genetic conditions who are also experiencing behavioral and/or neuropsychiatric problems. The clinic offers comprehensive evaluation services, one-time consultations, and, when appropriate, ongoing neuropsychiatric care, including a clinic for young adults with ASD transitioning to adulthood.

MEET OUR TEAM



Vassilis E. Koliatsos, M.D.
**MEDICAL DIRECTOR &
STULMAN SCHOLAR IN CLINICAL
NEUROPSYCHIATRY**

Dr. Vassilis Koliatsos graduated summa cum laude from the University of Athens School of Medicine, completed additional clinical training in internal medicine and neurology while in the Greek Navy, and conducted postdoctoral studies on mechanisms of neurodegenerative diseases at Johns Hopkins. He joined the staff of Sheppard Pratt Health System in 1997 and developed the highly specialized Neuropsychiatry Program.

Dr. Koliatsos' main clinical and research interests focus on how the nervous system deals with traumatic 'insults' and what it does to repair itself; or in the case of failure and clinical disease, what can be done therapeutically to help simple and complex functioning, reset neurotransmitter systems, or even repair circuits with novel methodologies. He has published nearly 100 articles on nervous system injury and repair and is a frequent presenter, both nationally and internationally, at meetings and conferences.



Margo Lauterbach, M.D.
DIRECTOR OF THE CONCUSSION CLINIC

Dr. Margo Lauterbach joined the Neuropsychiatry Program at Sheppard Pratt in 2008. She graduated from Flinders University of South Australia in 2001 and completed a residency in psychiatry and fellowship training in Neuropsychiatry at the University of Massachusetts Medical School in 2008.

Dr. Lauterbach has authored numerous print and online publications, lectured and taught medical students and residents, and has given presentations nationally and internationally. Her research areas of interest include concussion/traumatic brain injury, seizure disorders, multiple sclerosis, and intellectual disabilities.



Crystal Watkins, M.D., Ph.D.
DIRECTOR OF THE MEMORY CLINIC

Dr. Crystal Watkins completed her psychiatric training as well as geriatric fellowship at Johns Hopkins University. She most recently served as an assistant professor in the Division of Molecular Psychiatry and Geriatric Psychiatry at Johns Hopkins University School of Medicine and is author to more than 35 peer-reviewed research articles, abstracts, and book chapters. In her role, Dr. Watkins provides comprehensive assessment and treatment to patients and their families who are experiencing difficulties related to memory loss, mood disorders, and other psychiatric problems.



**Robert Wisner-Carlson, Director of The
Developmental Neuropsychiatry Clinic**

Dr. Robert Wisner-Carlson joined the Neuropsychiatry Program at Sheppard Pratt in 2007. A graduate of University of Michigan Medical School, he trained in psychiatry at The Henry Phipps Psychiatric Clinic at Johns Hopkins Hospital and at Maudsley Hospital in London. He holds specialty certification in Behavioral Neurology and Neuropsychiatry from the United Council for Neurologic Subspecialties.

As well as leading The Developmental Neuropsychiatry Clinic, Dr. Wisner-Carlson is also service chief for the Adult Inpatient Neuropsychiatry Program at Sheppard Pratt Health System. His areas of scholarly interest include comorbid behavioral and neuropsychiatric problems in individuals with intellectual disability and autism spectrum disorder, the young adult transition in ASD, and genetic disorders in developmental neuropsychiatry.



Paula Notarangelo, R.N.-B.C., M.S.
CLINICAL COORDINATOR

Paula Notarangelo is a nursing graduate of Towson University and the Medical College of Virginia, and has a certificate in Manager Development from the Johns Hopkins School of Hygiene and Public Health. She has over thirty years of experience in psychiatric and medical-surgical nursing, and is certified in psychiatric and mental health nursing by the American Nurses' Credentialing Center. Paula's responsibilities include assisting in the evaluation and treatment of patients; supervising general clinic operations; serving as an educational resource for patients, families, and caregivers; and assisting Dr. Koliatsos with special projects or initiatives related to improving the care of patients.

Specialized Program



Neuropsychiatry
PROGRAM

PART OF THE SHEPPARD PRATT HEALTH SYSTEM

CONTACT THE NEUROPSYCHIATRY PROGRAM

For frequently asked questions, please refer to our website neuropsychiatryatpsp.org.

For new referrals or follow-up scheduling 410-938-4981
For questions related to insurance 410-938-3398
TTY 410-938-3075

Inquiries via email may be directed to:
neuroinfo@sheppardpratt.org

DIRECTIONS

Please call our admissions office at 410-938-5070 or visit [our website](#) for directions to our program.



Sheppard Pratt
HEALTH SYSTEM

[Sheppard Pratt Health System](#) is dedicated to improving quality of life through mental health, special education, and addiction services for children, adolescents, adults, and older adults. Our patient-centered treatment approach, combined with our legacy of clinical excellence, sets us apart from other health systems on both a local and national level. We have been ranked among the nation's top psychiatric hospitals for 24 consecutive years by [U.S. News & World Report](#).

The services and facilities of Sheppard Pratt and its affiliates are operated on a nondiscriminatory basis. This policy prohibits discrimination on the basis of race, color, religion, gender, sexual orientation, age, national origin, disability, or any other basis proscribed by law. It applies to the provision of services, use of facilities, granting of accommodations, and opportunity to participate in programs or activities.