Sheppard Pratt
HEALTH SYSTEM

REFERRING PSYCHIATRIST INFORMATION (FOR ECT)

1. Pre-ECT Medical Consultation Requirements

   a. CMP and CBC - Bloodwork within 1 month prior to appointment
   b. EKG - May be done at SPHS - (40 years old and older)
   c. Cervical, lumbar, thoracic spine - If history of back injury with present symptoms
   d. CT scan of head - If history of head injury
   e. Pregnancy test - Within 2 weeks prior to appointment

2. Complete Outpatient ECT Referral and Order

3. If the patient is presently taking any of the following medications, please note the medication and follow instructions below:

   a. Lithium - Hold the night before a minimum of 24 hours before procedure
   b. Benzodiazepines - Switch to short acting agent (i.e.lorazepam, or alprazolam) hold after midnight at least 12 hours before procedure
   c. Metformin/Glucophage - May be given up to 12 hours before procedure to maintain glucose control
   d. Antiepileptic agents for psychiatric indication - Hold after midnight and the morning of procedure
   e. Coumadin - INR must be < 2.4

4. The results of the blood work and the completed outpatient referral form should be faxed to our office. When we have received this information, the patient will be scheduled for medical consultation. The secretary will speak to the patient's insurance company for approval of ECT treatments.

5. Patient should be evaluated by the referring psychiatrist after 6 - 8 treatments and then on a regular basis for their response to ECT treatments and the possible need for further treatments.

6. If patient attends a Sheppard Pratt Day Hospital, a psychiatrist in that program will be evaluating the patient's progress.

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