



[Behavioral Health Partners of Frederick, Inc. \(BHP\)](#), is a joint venture between Sheppard Pratt Health System and Frederick Regional Health System that offers comprehensive outpatient behavioral health services at three convenient clinics located in the Frederick area as well as off-site counseling in Frederick, Montgomery, and Washington Counties. We serve individuals of all ages with a wide range of mental health concerns and emotional issues.

We offer a full range of therapeutic and medication management services for children, adults, and older adults at our two Solarex locations. We offer therapeutic and medication management services for adults and older adults only at our downtown Patrick Street location.

## OUR TEAM

Our professional staff consists of experienced, board-certified psychiatrists, licensed social workers, and therapists.

## WHO WE TREAT

We treat children, adolescents, adults, and older adults with a wide range of mental health conditions. Our team has extensive experience in treating:

- Adjustment disorders
- Anxiety disorders
- Attention deficit hyperactivity disorder (ADHD)
- Bipolar and related disorders
- Disruptive, impulse control, and conduct disorders
- Dissociative disorders
- Mood disorders
- Obsessive-compulsive and related disorders
- Personality disorders
- Schizophrenia and other psychotic disorders
- Trauma and stressor-related disorders

## SERVICES OFFERED

Our experienced psychiatrists, social workers, and therapists offer a wide range of clinical and therapeutic services.

Services offered include:

- Psychiatric evaluation
- Individual counseling
- Family counseling
- Group counseling
- Couples counseling
- Medication management
- Psychoeducational groups

## INSURANCE & PAYMENT

Most private insurances, as well as Medicaid and Medicare, are accepted. Please contact us with any questions regarding insurance at **301-663-8263**.

## CONTACT US

For more information on our services, please contact Christina Smith, LCSW-C, at [csmith-bhp@sheppardpratt.org](mailto:csmith-bhp@sheppardpratt.org) or 301-663-8263.

To make a referral, please call **301-663-8263**, ext. 301.

To schedule a new client appointment for clinic-based services, please contact the intake department at **301-663-8263**, ext. 264.

## LOCATIONS

604 Solarex Ct, Suite 201  
Frederick, MD 21703  
Phone: 301-663-8263  
Fax: 301-682-5326

**Hours:** Monday-Thursday: 8:30 a.m.-8:00 p.m.  
Friday: 8:30 a.m.-5:00 p.m.  
1<sup>st</sup> and 3<sup>rd</sup> Saturdays: 9:00 a.m.-12:00 p.m.  
*Treats children and adults*

219 West Patrick St.  
Frederick, MD 21701  
Phone: 301-662-3223  
Fax: 301-662-7921

**Hours:** Monday-Friday: 9:00 a.m.-5:00 p.m.  
*Treats adults only*

604 Solarex Ct, Suite 100  
Frederick, MD 21703  
Phone: 301-663-8263  
Fax: 301-682-5326

**Hours:** Monday and Friday: 8:30 a.m.-5:00 p.m.  
Tuesday-Thursday: 8:30 a.m.-6:30 p.m.  
*Treats children and adults*



Behavioral Health Partners of Frederick is a program  
of Frederick Regional Health System and  
Sheppard Pratt Health System

---



#### About Sheppard Pratt Health System

[Sheppard Pratt Health System](#) (SPHS) is the largest private, non-profit provider of mental health, substance use, special education, and social services in the country. A nationwide resource, SPHS provides 2.3 million services annually across a comprehensive continuum of care. Since its founding in 1853, SPHS has been innovating the field through research, best practice implementation, and a focus on improving the quality of mental health care on a global level. SPHS has been consistently ranked as a top national psychiatric hospital by [U.S. News & World Report](#) for the past 27 years.

#### About Frederick Regional Health System

Founded in 1902, Frederick Regional Health System is a not-for-profit, 501(c)(3) healthcare delivery system serving Frederick County and the surrounding area. Its mission is to contribute to the health and well-being of area residents by providing quality healthcare in a caring, cost-efficient and convenient manner, through a coordinated program of prevention, diagnosis, treatment, rehabilitation and support. Psychiatric services include a 15-bed inpatient unit, a psychiatric Partial Hospitalization Program and Intensive Outpatient Program and Behavioral Health Crisis Assessment.

The services and facilities of Sheppard Pratt and its affiliates are operated on a nondiscriminatory basis. This policy prohibits discrimination on the basis of race, color, religion, gender, sexual orientation, age, national origin, disability, or any other basis proscribed by law. It applies to the provision of services, use of facilities, granting of accommodations, and opportunity to participate in programs or activities.