

## Parent Support/Action Plan

Choose 1 behavior that you want to target and describe that behavior clearly

Describe what you want your child to be instead (your expectation) (You can't say "Don't...")

How will you communicate your expectations to your child? Or teach him/her your expectation?

What is your plan for reinforcing your child when he/she performs the desired behavior?

Describe a consequence that is suitable if the child performs the target behavior (the behavior we want to get rid of)