The General Neuropsychiatry and Behavioral Neurology Clinic



PART OF THE SHEPPARD PRATT HEALTH SYSTEM

The General Neuropsychiatry and Behavioral Neurology Clinic, part of the <u>The Neuropsychiatry Program</u> at Sheppard Pratt, provides comprehensive assessment and treatment to individuals experiencing difficulties related to a variety of neuropsychiatric disorders. While the majority of the difficulties we treat emphasize moderate-severe traumatic brain injury (TBI) and neurodegenerative dementias in the adult and aging population, any neurological disease applies as long as it is thought to cause cognitive, emotional, or behavioral problems.

The General Neuropsychiatry Clinic is the main training site of the Neuropsychiatry Program and has been a very popular rotation for psychiatry residents and medical students in the University of Maryland-Sheppard Pratt Residency Training Program for the last 17 years. Like other aspects of the Neuropsychiatry Program, The General Neuropsychiatry Clinic has a strong commitment to community-based care, and strong relationships with many major residential rehabilitative programs specializing in TBI. The Clinic also has relationships with local advocacy organizations such as the Brain Injury Association and the Governors' TBI Advisory Board. Through research partnerships with Sheppard Pratt-Lieber Research Institute and Johns Hopkins University School of Medicine, the clinic offers access to innovative research and new treatments.

WHAT IS NEUROPSYCHIATRY?

Neuropsychiatry and behavioral neurology are specialties in the clinical neurosciences that combine principles, knowledge, and clinical practices from the fields of neurology and psychiatry. From neurology, neuropsychiatry borrows the general medical method and clinical thinking based on neuroanatomy, neurophysiology, and neuropathology. And from psychiatry it borrows the emphasis on mental status and the individual as a whole person, emotional and behavioral symptoms, and the use of psychopharmacological agents.

The General Neuropsychiatry and Behavioral Neurology Clinic focuses on traumatic, neurodegenerative, and vascular diseases. We also look at diseases of the nervous system and their emotional and behavioral complications, including the impact on the individual and his or her family.

WHO WE SERVE

 Individuals with a known or suspected history of TBI, and cognitive, emotional, or behavioral problems. This includes a history of repeat concussions, such as in sports or during combat exposure.

- Individuals who experience memory loss and/or confusion related to, or thought to be related to, medical conditions such as heart disease or diabetes.
- Individuals who have established dementia due to Alzheimer's disease, stroke/cerebrovascular disease, Parkinson's disease, Lewy Body disease, or frontotemporal degeneration.

MEET OUR TEAM



Vassilis E. Koliatsos, M.D., M.B.A., is founder and director of the Neuropsychiatry Program at Sheppard Pratt and a Stulman Scholar of Clinical Neuropsychiatry.

Senior faculty member at both Johns Hopkins and University of Maryland, Dr. Koliatsos founded the Neuropsychiatry

Program in 1997 to establish a coordinated approach to care for a variety of complex patients with severe cognitive, emotional, and behavioral problems. The Program was designed to help clarify the causes and mechanisms of symptoms and provides both consultative services and direct patient care. Dr. Koliatsos also has an active clinical practice focusing on patients with TBI and neurodegenerative dementias.



Sarah Loeffler, LCSW-C, has 20 years of experience providing psychotherapy to individuals and families impacted by TBI, stroke, and progressive neurological disease. Ms. Loeffler uses cognitive-behavioral techniques, educational strategies, and psychosocial support, as well as some case management in complicated cases.



Paula Notarangelo, RN-BC, M.S., clinical nurse coordinator for The General Neuropsychiatry Clinic and the Neuropsychiatry Program at Sheppard Pratt, is a clinical expert in psychiatric and neuropsychiatric disorders, as well as aspects of pharmacological and general

medical management. Ms. Notarangelo assists Dr. Koliatsos in the assessment and management of patients in the clinic, provides outreach to various TBI rehab programs, and oversees quality and standardization of processes throughout the Neuropsychiatry Program.



Kristy Lane, B.A., is administrative assistant to Dr. Koliatsos and deals with referrals and communication as needed for the management of patients in the clinic.

ADMISSION CRITERIA

In order to qualify for admission into our clinic, patients should have a known or suspected history of:

- TBI and experience problems with memory, language, orientation, attention, complex actions, organizing skills, other cognitive functions, mood liability, and changes in personality or behavioral acting out.
- Any neurodegenerative or major neurological disease and problems in any of the cognitive, emotional, and behavioral categories mentioned above.

Referrals to the clinic may be made by primary care practitioners, psychiatrists, neurologists, psychologists, therapists, residential or rehabilitative programs, individuals and their family members, or legal entities.

To provide the best possible comprehensive assessment, we ask that you obtain copies of any previous assessments, select medical records, laboratory tests, neuroimaging, and neuropsychiatric testing prior to your first appointment.

PAYMENT

We accept commercial insurance, medicare, medical assistance, workers compensation, and private pay.

CONTACT THE MEMORY CLINIC

For frequently asked questions, please refer to our website neuropsychiatryatsp.org. Or, for more information, call 410-938-4981.

DIRECTIONS

Please call our admissions office at **410-938-4981** or email neuroinfo@sheppardpratt.org for directions to our program.



Sheppard Pratt Health System is dedicated to improving quality of life through mental health, special education, and addiction services for children, adolescents, adults, and older adults. Our patient-centered treatment approach, combined with our legacy of clinical excellence, sets us apart from other health systems on both a local and national level. We have been ranked among the nation's top psychiatric hospitals for 24 consecutive years by *U.S. News & World Report*.

The services and facilities of Sheppard Pratt and its affiliates are operated on a nondiscriminatory basis. This policy prohibits discrimination on the basis of race, color, religion, gender, sexual orientation, age, national origin, disability, or any other basis proscribed by law. It applies to the provision of services, use of facilities, granting of accommodations, and opportunity to participate in programs or activities.